

The Wind Call

*The Christian Community
in and around Cape Town*

February - April 2014

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Making one man's legacy an impulse for our year.

AS WE SET OUT INTO THE NEW YEAR OF 2014 and another round of Christian festivals we might well remember some of the lessons of the year just past. One of the great national and indeed world milestones at the end of last year was the death of our dear Madiba. It is perhaps worth pondering why it was that Nelson Mandela had the power to capture the hearts and minds of people all over the globe in a way that gave people hope and made them see the future in a more positive light and just to feel better about themselves and the world. What in fact was behind the famous "Madiba magic"?

With the mystery of Golgotha, the greatest possible adversity that can befall the human being was transformed into the greatest possible good for the whole of mankind. This deed set the tone for the whole of the future of humanity on the earth. Since that time we can say that when positivity, happiness and harmony exist as the natural disposition of a person – this is grace, but it is still just the potential for the good to manifest. However when the same strengths of soul – when positivity, happiness and harmony are won from adversity – then, and then only do they become the building blocks of the future of humanity. For only then do they become the bearers of the Christ forces which transform death into life on earth.

Perhaps this is what made Nelson Mandela a world icon of his time and why the whole world joined in mourning his death. He was a shining example of what far-reaching transformative strength comes into being – a strength which speaks with Whitsun clarity to the hearts of people of all nations in the world - when the old power of the sword is replaced by the new power of the lamb. When love replaces hatred and when forgiveness replaces the thirst for retribution.

In the monumental transformations that took place in the biography of this extraordinary man, in all that he was able to rise above both within himself and in the terrible suffering imposed on him and on his people, and in the effect that he had on all who met him in the latter part of his life; we can sense something of the Christ's healing light of grace streaming into the world as it comes to expression through all the festivals of the year. All aspects of this revealing cycle played a role in the process of his life from suffering to awakening to acceptance to transformation to speaking out and taking action informed by what had awoken within his soul.

Perhaps we can say that the true legacy of Nelson Mandela is that he demonstrated to the whole world on a public stage that even when embroiled in the murky waters of political intrigue, it is possible to give birth to the Christ forces in the human soul and thereby participate in a humble way in the process of transforming death forces into forces of new life and hope for the future.

May his shining example awaken in each one of us the knowledge that we too are capable of making a difference in the world. May we come to realise that the annunciation to Mary of 2014 years ago is an annunciation to each and every one of us in our time, that Christ can come to birth in us too and that he can do His work of transformation and healing in and through us as well - if only we are courageous and mindful enough to let Him.

"Every man magic" perhaps?

Richard Goodall.

Children's Camp 2013 Feedback.

Dear Richard,

A very big thank you to you and the team that made this camp so successful. Rachael loved the experience and cannot wait for the next one, so please do keep me on your mailing list.

Best wishes for the new year, Wendy Cochrane.

Alex Blatcher's Feedback.

"I really enjoyed the camp and would like to come back next year as a Spring Helper."

Sasha Blatcher's Feedback.

"I had a great time at the camp. I love having mud fights and swimming. I especially loved the Circus and the trapeze and I would love to come back next year. Thank you for making my birthday wonderful."

Dear Richard and Anette!]

A very big thank you to you both, and all the helpers and kids and to the Sieckmann Family for that wonderful week our kids could spend. They are always so full with happiness, stories and ideas. It is just great.
From Hagen & Marijke, Uli & Peter.

Hi Richard,

Wow! What an amazing experience for the children! They had nothing but good things to say about the camp. They had a great time and made lots of new friends. Many stories are still being shared about the experience and they have voiced how much they would love to come back next year. They also said you are a wise and wonderful person. Thanks to you and the team.

Kind regards, Hildegard Keene-O'Connell.

Dear Richard,

A BIG thank you for the camp. David returned having had a fantastic time and definitely said he'd love to do it again.

Kind regards, Terry, Geoff and Ella Greig.

Dear Richard,

Thank you very much for having my daughters join you on this lovely camp. Both Jessica and Julia had a really lovely time. Apart from all the goodies they made, I keep getting little snippets of information and insights that they picked up while there. They were both relaxed and happy within themselves having been in the company of such nice people.

Best wishes, Frances Fortes.

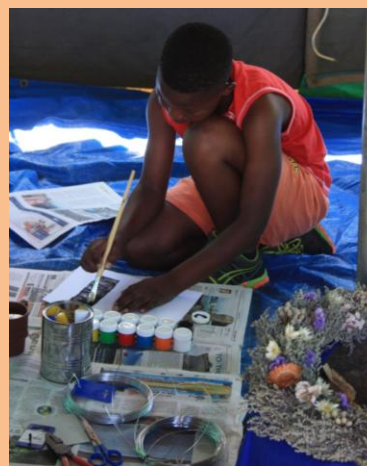
Dear Richard,

The program and form that you create for and with the helpers, within which they can then function seems to be water tight! Thanks for creating this vessel and providing the helpers with a strong secure base, for empowering them and then trusting fully that they could and would *do the job* ... Guillaume's expectations of the camp were surpassed!

Much love, Yvonne Bruwer.



Mixed feelings: Anticipating the next move.



Left: A feast of colour - Abulele at work in the craft tent.

A BIG thank you to Ella Petousis for her lively photos. It was very hard to choose a few from the many!
Marilize.

Below: Fun and games.



Dear Richard,

This year was the first time my son Quinn came on the camp. He had a wonderful time and came back happy, calm and eager to go back next year.

I want to thank all involved in offering this to our children. It is so valuable and gave us as his parents peace of mind whilst still at work, knowing that he was being cared for and having new experiences.

Thanks so much. Kind regards,
Nicky, John and Quinn von Wiese.

Feed-back from a V.I.P. on camp: the cook!

ON THE WAY TO THE CHURCH CAMP this year, Rene and I began reminiscing about the many journeys we had taken at this time of the year and worked out that this was an anniversary – ten years of cooking. I need to say that I really enjoy my annual cooking spree, this being a wonderful way of stepping out of the busyness of the year and into the holidays. This year was also marked by Nelson Mandela's death and Richard brought this into the consciousness of the camp in a deeply meaningful way.

We were all a little anxious about this year's camp after the fire that swept through the area last year. But this proved unnecessary as once again Richard and his helpers had prepared the space exceptionally well and we were welcomed with calm anticipation. The farm has recovered incredibly well.

Over the years I got to know the children who started off as campers and then moved on to become spring helpers and then group leaders. Although there were many new campers and helpers this year, those who had moved up the ranks showed formidable leadership qualities and awe-inspiring abilities to meet the moment and the children for a week rich with stories, games, walks, activities and much socialising. Richard's stories and swimming in the dam were the gossamer threads that held all together.

Menus had to be slightly adjusted for the younger children and quantities for the older children and hungry helpers. However, the gratitude of the children and willingness of the helpers to wash up made it all worthwhile. I must admit that this year's 'washer-uppers' were the best ever!!

Blessings come in many guises and generally anything coming from above is seen to be especially special. Well, this year, we were introduced to a new sort of 'blessing' from above - abundant hadedda droppings from the old oak tree that so graciously shaded our eating area. After a number of attempts to dodge out of harm's way, rearrange the tables even more precariously, Richard created a heaven. Yes really – made out of a blue tarpaulin strategically placed to intercept these 'offerings'! Every now and again, we would hear 'that' familiar sound, look up in unison, give a sigh of relief and thank Richard.

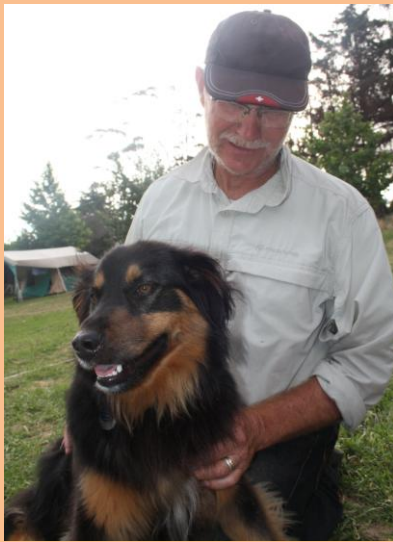
My highlight was listening to the singing. The children sang beautifully with a very special lightness. We were spoilt with quite a number of our singers performing at our cabaret on the last evening, which was beautifully harmonious and especially melodious this year.

And so we look forward to many more camps and once again thank each and every one for their contributions. Annette Bestwick.

From our camp leader: Once again our children's camp was a wonderfully formative and also informative week packed with activities, singing, swimming, storytelling, games, delicious meals, fun and laughter and of course periods of quiet relaxation. Our trusty band of young helpers – some old hands and some brand new to the game – all rose to the occasion and fulfilled their various tasks in a way which kept the wheels well-greased and the whole show moving with apparent ease. Much was learned about what still needs to be learned – and that is good. Richard Goodall.



Sasha being crowned with a flower garland on her 12th birthday.



Camp leader, Richard, with four-legged camper, Jasper.



The kitchen crew gets stuck in.

Contemplations during the Holy Nights – “The primary task of humanity in our time.”
Reflections on a series of talks given by Richard Goodall.

WE WERE GIVEN THE OPPORTUNITY to contemplate the Christmas altar during this time, with the space displaying different symbols compared with the rest of the year. At the highest point on the wall behind the altar we see KMB, referring to the ancient creation process of the worlds (amongst other things), which moves to the event of the Angels alerting the shepherds in the fields, by their words “revealed be God in the Heights”. Below this we recognise the image of the Risen One and below that, the Crucifixion, the two relating to the event of Golgotha. Next we have the altar with the 7 candles, and incorporated in the altar, the Nativity scene. In front of the altar hangs the words “and *Peace on Earth to Men of Goodwill*”. Each of these stages was linked to phrases we hear in the Act of Consecration of Man, enabling a tremendous enriching and appreciation of the service.

Having sketched the Christmas altar’s elements on the board, Richard drew a lemniscate, reminding us of last year when we explored the way the figure 8 turns its outside to the inside – relating the upper part of the loop to the cosmic events (from KMB to the central candle on the altar) and with the lower loop, now outside in, as the inner world of our soul experiences. The KMB can be linked to *Good Will*, the declaration of the Angels to *Peace* and the Event of Golgotha to the *Earth*. In this way we can strive to connect our soul processes with those of the cosmic, Christmas event.

By working with these symbols and events, we approached the question of the two primary tasks needed to be performed by human beings today. From the foregoing it is clear that we have acquired a free will, but now this free will has to become, not just God’s will of the Old Testament, but Good Will of the Christ. Christ fulfilled the impulse of love, and more than that – created love which goes beyond death; we can rise from the Fall and activate love towards our fellow human beings. Allow love to be the lens through which you look at others, at the world, at human beings, and you develop a new “sense”, a type of experience which changes you and the one you are looking at ... a heart-felt seeing-perceiving. The other task is to find your connection to the Divine, to the spiritual world – an important task which we may strive for in every service we attend, in each deed. Daily, we need an inner connection to the Christ.

At the centre of the cross is Christ. Above Him rises the angelic world, below Him the elemental world; while to the one side our horizon extends from the moment we are born to the opposite line - the time we die. Many spiritual awakenings are happening in all these “directions” and beyond, and they all need our attention – reaching into the spiritual worlds and into pre-birth and after-death realms, as well as to the angelic and elemental worlds.

Approaching the world where fear, politics and manipulations abound, making us feel we “never have enough”, Richard offered four tools for bridge-building in our spiritual work and everyday duties. Our only way “forward” is through love; that is the ultimate healing, so the main lesson is Learn Love. Next, due to our origins in the Fall, we realise our biggest stumbling block is *ourselves*: so the next lesson is: I am the challenge. Next, you can say: “I am 100% responsible” for everything in life. Through the Hawaiian, Dr Haleakala Hew Len, we discovered that whatever we encounter in life, even an atrocity on the news, we are responsible for how we react and what we do as a consequence. Every experience is within you, me; only I can make a difference. Finally the lesson is Gratitude. This virtue can be practiced every moment of the day and a whole new world opens up with possibilities.

Hanna von Maltitz.

THANK YOU TO everyone who so generously donated towards our family’s Christmas/New Year gift from the community. That was a lovely and most appreciated gesture which made possible for us a relaxing and enjoyable holiday in the Little Karoo.
Richard G.

Silver wedding.

Richard and Christine will be celebrating their Silver Wedding on **6th July** this year. We would love to share this celebration with anyone in the community who would like to be there. Details will follow in the next Wind Call.

More news from members of the Cape Town diaspora far and wide.

Snippets of my Gap Year ...

Dear Members of the Christian Community,

I hope you are all enjoying the summer warmth and are treating your palates to the array of fruits that fill our supermarkets with heady smells during this season. I miss that so much here in the northern hemisphere!!

However, I'll be missing the organic cheeses that were so abundantly available at the place I worked at last year: Institut St. Michael, a home for children (ages 4-18) with mental and/ or physical disabilities. The home crowns one of the many lazily – sloping hills of Zürcheroberrand and boasts a panoramic view of the distant Alpine chain. Depending on the play of sunrays, it even receives silver/gold winks from the Zürisee. The grazing cows and the bell-chiming that accompanies their every movement completes the picture of Switzerland here!

St Michael caters for 30 children who are roughly divided into 5 groups. Together with 20 or so additional children (who go to their own homes every day) they attend a school which is on the premises. Caring for the children required our presence, guidance and assistance in the mornings, before school-time, at midday, when all students gathered in the beautiful wood-furnished dining hall for lunch, and in the afternoon -and evenings when children came back from school and whiled away their time with different activities until bed time.

The children I worked with (5 months in a group of teenage boys followed by 5 months with teenage girls) were relatively able on a physical level: They ate, washed and did small chores well and with little need for guidance. This of course depended on their mood and your susceptibility to their cheek! It took me a long time to get to know each child and to find the way each individual needed to be approached so that he/she would listen to you, follow instructions with minimal resistance and thereby work forwards on his/her own personal growth. It also took me a while to realise that the children were much more “challenged” than they appeared to be, and one had to direct sharp attention toward them around the clock. It took only a short space of time to forget that I was working with children who were mentally and/or physically challenged as opposed to so called ‘normal children’.

My challenges in this work field were finding the right emotional distance (and yet closeness, but not on a sentimental level) to these children and gaining the qualities that makes one an authority in the eyes of the children and in a manner that one can be comfortably approached by them. The children need stable carers and a clear framework for the day; its chores and its free time, so that they can play freely within these structures without feeling the need to rebel.

I left St Michael grateful to move out of the small, quiet village I'd been stuck in for so long but also grateful for the work I could do there and the insights I could take with me, ponder on, and work further on. This week I've just started a practical in the Filderlinik, an Anthroposophical hospital close to Stuttgart, Germany. Here I'll continue to work in the oncology ward



Melissa at work with children and youth at St Michael School.



(from previous column) ...

until mid-April. I've already been awed by the warmth of the atmosphere and the wonders of mistletoe therapy and the many other therapies that are offered to the patients.

I wish you all a good new year ahead and thank you for the sense of community and support for one-another that I so strongly felt –and actually still feel!- when I grew up in Plumstead.

See you soon!
Melissa Goodall.

Dear Friends in the Cape Town Community,

These lines come with warm greetings from a rather wet and cool Scotland where I have been resident since I left Southern Africa in 1999. Some of you might still remember me as the dentist from Woodstock and then Muizenberg where I practiced until 1995. I sold the practice and moved to Namibia to work for De Beers Diamond Corporation in their Oranjemund mining town. Three and a half years I enjoyed life in the desert and discovered a whole new world of fauna and flora and learned much about the geology of this ancient country. In 1999 my position was awarded to a Namibian in line with the Government's Localization Program.

I decided to return to my European roots and initially accepted a locum position in Norfolk, England. I spent a few months there, exploring the pretty villages with their amazing churches and covered a few hundred miles in the process on my bicycle.

I then moved up north to the Highlands to do locum-work in a practice in Banff. This part of Scotland is very beautiful with its own micro-climate, which accounts for rather warm summers and dolphins frolicking in the Moray Firth! I instantly fell in love with Scotland and decided to look for a permanent job. As luck would have it I was offered a position near Edinburgh and found a fabulous flat right on the water's edge of the river Forth. I am looking straight onto the famous Forth Rail bridge and can see Edinburgh in the distance.

I am very happy here and enjoy the life and culture of Edinburgh, Glasgow etc which abounds with events. I am still playing the violin and viola and I joined an orchestra and a Scottish traditional group. I have explored Scotland extensively and know it better than a lot of Scots! I am fascinated by its castles, stone circles and standing stones and I love island hopping. Considering that this is a rather small country it is astonishing what it has to offer in terms of natural beauty and variety.

I am quite involved in The Christian Community in Edinburgh, a smallish but lively congregation. We just recently had a new priest, Paul Newton. He and his wife have introduced new ideas and activities which are most welcome.

It is wonderful to regularly hear about the Cape Town Congregation via the Wind Call. The photos are an extra bonus as there are many faces and names which I remember. I have fond memories of my time in Cape Town where I spent important years of my life, but I am also very happy to be back in Europe.

My flat is rather spacious and can accommodate visitors, and I love to take people around and show them 'my' Scotland. So, please do come and visit if ever you are in the U.K. I would love to see you!

With best wishes, Gabriele Kuhn.
95 The Moorings, KY11 9GP Dalgety Bay, Scotland.
E-mail: gabriele.kuhn@btinternet.com.



Gabriela Kuhn.

The Christian Community and Camphill West Coast.

MORE INPUT from the side of The Christian Community has been requested by the management of the Camphill Village West Coast as they steer their way through a period of great transition.

*In response to this, Richard will be going out to the village on **Wednesday mornings** to hold an early **07:30** service and then to participate in the co-worker training program for the rest of the morning. This is in addition to the monthly two day visit [Friday and Saturday].*

This means that for the foreseeable future there will no longer be a service on Wednesday mornings here in Cape Town.

Richard G.

Tea and Flower Roster 2014/5.

This roster is in the process of being finalized and will be sent out by the end of January to those on e-mail. Hard copies will be available in the foyer on Sunday, 1st February. Hanna Hack.

Family Fair 2013.

OUR FAIR WAS ONCE MORE an enjoyable event and the net profit came to R43,757.00 not the least with the help of the highly successful Dr Hauschka raffle ably organized by Rachelle Napier. Many thanks to Rachelle and also to all who helped to bring this event about – as well as to Rosemarie who carried the responsibility for the Fair finances. Marilize.

Letter from Rosemarie Enthoven.

Dear friends,

With our last Fair already almost two months behind us, I would like to give you some feed back with regard to how the monies have been or will be spent.

From the income of the 2012 Fair the following was achieved:

- all exterior wood work was sanded and varnished;
- the foyer received a new look with comfortable new chairs and a couple of coffee tables;
- our secretary's office as well as our priest's office received a face lift, where the walls were cleaned up and painted, the woodwork was treated and new blinds were installed.

Out of the 2013 Fair income we purchased the used chairs for the church as well as the wood for the shelves and cabinets in the priest's office. The balance of the funds, which is some R28,000.00, is earmarked for the repair of plumbing and electrical problems as well as the repair of leaks in the roof.

Let me assure you that the trustees make very sure that every cent you have worked so hard for, is spent judiciously and we try and stretch the funds available as far as possible.

All that remains is for me to thank you very much indeed for all your efforts, the results of which in turn make it easier for the trustees to attend to all the issues at hand.

With warm greetings, Rosemarie Enthoven.



Our Crafts Corner.

Eurythmy Adult Classes 2014.

THE THEME for this year's classes is **Light – Colour – Darkness**, a lens through which to explore many topics.

In **Block 1** we will learn the beautiful "Gestures of the Soul" and how they can enliven the mood of a story or poem – from brightest joy to the darkest grief and despair. **Dates:** 20 January to 7 March (latest session to join: 3 February). **Fee:** 2 x R210 or in full, R420.

In **Block 2** the focus will be the musical intervals and their relation to this theme. **Dates:** 10 March to 7 April.

Fee: 2 x R200 or in full, R400. Mondays 5.30 to 6.30 p.m. Sophia House, 18 Firfield Road, Plumstead

Enquiries: Cobie Roelvert (021 671 4757 or 074 0303 5251)



Part of Richard's office demonstrating new shelves and cabinets.

Richard's refurbished office.

A VERY BIG THANK you goes to the Enthoven family for completely refurbishing my church office and for building the most beautiful bookshelves along two walls of the room. These will at last allow me to unpack all of my books. They did all of this with great care and precision and the final result looks very professional indeed. Rosemarie had the idea and the determination to put it into effect and Patrick and Stefan drew up the plans and built and fitted the shelving. This very generous deed will make a big difference to my life! Thank you all very much. Richard Goodall.

Thanks

▪ to **Malcolm Attfield** for his suggestion of our new Wind Call logo and his technical assistance with incorporating it into the front page. We have had much positive feedback.

▪ As always a huge thank you to **Richard Goodall** for his content-rich and thought-provoking series of talks during the Holy Nights entitled "The primary tasks of humanity in our time".

▪ Also, as usual, our thanks to **Christina Goodall** and the **choir** for enriching our experience of the Holy Nights with their angelic singing.

▪ To **Anne-Marie Winkelman** for donating a sturdy mat for the office chair to protect the newly laid carpet.

▪ To **Eva Picard** for the donation of books to our library. Eva is recuperating well from her surgery after a fall in October last year and she is being cared for in the Health Care Centre at Silvermine Village. She sends her warmest greetings to the community and misses being able to attend the services. She enjoys seeing friends for short visits.

▪ To **Pauline Scott** for her donation of linen to supplement the church's stock. Pauline has gone on a two month family visit to Peru and U.K. and we look forward to welcoming her back in the middle of March.

▪ To **Barbara Herbert** for organizing the laundering of and helping with the ironing of our church curtains in time for Christmas.

▪ To "Team Clean-up" for undertaking the daunting tasks of emptying out the chaotic storeroom and restoring order again. This operation was spearheaded by **Rosemarie Enthoven** and she was very ably helped by **Christina Goodall, Heike Prinz, Barbara Herbert and Jacqui Frylinck**. They made a formidable team who tackled the job with singular focus and energy.

▪ And lastly, my thanks to our **Trustees** for their time and expertise to help with the running of our church. Without them nothing would happen! Thanks also to all the **community members** who do likewise, often unseen, throughout the year. If we sometimes leave names out of our thank you list it is by oversight and thus regretted.

▪ A very warm thanks to **the congregation** for the lovely card and Christmas Gift which awaited me when I returned to work after Christmas. Your generosity and kind wishes are much appreciated.

Marilize.

Bookshop Request.



AS WE ARE NO LONGER ABLE to keep books long term on consignment from RSP (Rudolf Steiner Publications) and we do not have the funds to BUY in books for the church bookshop, I am asking whether there may be anyone out there willing and able to donate funds specifically towards buying in books in order to fill up the now half empty display cabinet in the foyer as well as the bookshelves in the library/bookshop. There are many wonderful books that are being published on an ongoing basis by FLORIS, TEMPLE LODGE, HAWTHORNE and others.

Please contact me if you would like to contribute in this way.

Greetings, Annette Chouler.

(t) (021)785-5768 or email chouler@crus.co.za

Congratulations to Charles and Annette Chouler with acquiring two new grandchildren within days of each other!

▪ Christina Elizabeth born 26th December 2013 to Frans and Julia Mosca, a sister to Abigail (5 years old). Annette left USA on 22nd, so missed her arrival by 4 days!

▪ Thando, aged 4 months adopted by Alex and Tabby and brother to Ripley (now 2½).

We wish the parents and grandparents much joy with their growing families.

Marilize.

Concert on Sunday, 26th January. 🎵 🎵

YOU ARE ALL WARMLY INVITED to attend a concert by **Benjamin Dry** (cello) and **Ingrid Salzmann** (piano) on **Sunday, 26th January at 4 p.m.** here at the church. They will be playing a solo Bach suit and the Schubert Arpeggione Sonata.

No tickets will be sold but donations at the door after the concert to help cover costs would be most welcome.

Benjamin Dry.

Confirmations 2014.

THIS YEAR 10 fine young people will be confirmed by Rev. R. Knaussenberger on **Sun 11th May**.

They are: Rannach Wyly, Michael Gray, Franziska Blöchliger, Kerstin Sieckmann, Sophia Petousis, Benjamin Janowski, Alex Blatcher, Chloe Summers-Johnson, Tayla Snyman and Sebastien de Villiers.

You are all warmly invited to accompany these children on their important journey into youth through the confirmation service.

Richard Goodall.