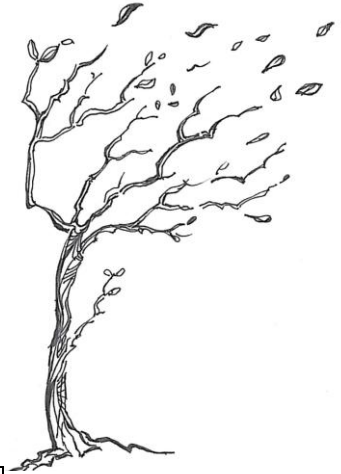


The Wind Call

**The Christian Community in and around Cape Town
February - April 2013.**

39 Timour Hall Road, Plumstead 7800 Tel/fax (021)762-0450
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Learning the Strength of Inner Quiet.

AS THE TIME OF EPIPHANY DRAWS TO A CLOSE we can ask ourselves what this festival means for us today in the hectic modern world. What, if anything, appears from above for us?

Somebody else's answer to this question is of little or no value to me. As for most questions, the only convincing answer is the one that I experience in my own soul. Such answers are always available to me and the only reason that I don't experience them is because I have forgotten how to be receptive to them. Is it always up to me to create a suitable room within myself into which such an answer can enter and reveal itself. This room is not created by a desperately urgent need to have an answer – that is a sure way of locking the doors to the room.

The only thing I need to have is the question. It is when I discover a love of giving – giving from the heart, that the doors of this reception room are opened. Giving from one's heart out of loving generosity always creates a flow. The light of love from within attracts the light of truth from without. The more one gives the more the room is refilled and transformed. The stream of giving and the stream of receiving become one.

Into such a room I can ever and again retreat and there practice quietness and listening. In this quiet listening in my prepared room I will discover my own poverty of comprehension about life and the world on the one hand – but on the other hand, if I hold my centre there, I can

also be inspired by new inspirations and insights pertaining to my questions – which appear "from above". One of the hallmarks of our time is that we are no longer dependant on lineage, succession and revelations from the past for access to the spiritual world. Everyone has the possibility to be inspired in the moment directly out of the angelic world. Our connection to the spiritual world and to spiritual realities is now a vertical one out of our own effort and no longer a horizontal one out of historical heritage. Everything in the natural world around us, below us, above us and within us conceals an open secret which longs to be revealed to our conscious inquiring within our prepared quiet soul room.

The spiritual world longs for individual souls to create such quiet inner rooms of listening in which they turn with questions to the angelic worlds so that they in turn can unveil our eyes to the open secrets that surround us. We are as strong and effective as we are connected to this stream of truth – and this strength and effectiveness can only be attained through the inner quiet that we create. When we practice this, 'the star of grace' becomes a constant companion and Epiphany a way of life.

Richard Goodall.

Congratulations to:

- **Francis and Claire Lacey** who were married on 10th November 2012.
- **Matthew and Alison Dobson** on the baptism of Kyla Lily on 6th January.
- **Johanna Oltmans** on the birth of her daughter on 14th January.



Confirmation.

THIS YEAR on 14th April five fine young people will be confirmed by Rev. Reingard Knausenberger. They are: Hannah Antoine, Cierewyn Small, Emma Brassington, Nina Stodel and Ella Greig. Please come and support them during this very important moment in their lives.

Richard Goodall



On Sunday, 10th February we will celebrate the 90th birthday of Lia Gabler, one of our residents of Timour Hall Cottages, with tea and cake after the service.

Finances.

Dear friends,

A new year has arrived and hopefully, you will have had some rest over the holidays and can resume your tasks with renewed energy. Some of the trustees seldom rest from their duties to the church and so, you will have noticed that new chairs and coffee tables have been purchased during December from part of the Fair funds. As we had stated, all money that came about through your efforts at the Fair will be used for the maintenance, repairs and improvement of our building. We shall give you more information on another occasion about this.

All in all, we are pleased to report that we have kept well within our budget for this financial year, mainly because we received some generous donations as well as additional payments for various Sacraments. We always need to keep in mind that, as a congregation, we are not yet able to fund the basic running expenses of the church and depend to a large extent on such additional income. What should also be said is, that out of the 103 contributors, only 39 contributed the R400 regularly that was suggested for this financial year, some more, and the others paid less and/or not on a regular basis. As you will appreciate, if we do not receive regular payments, it makes budgeting very difficult.

However, having looked at the pattern that has developed over the year, we have decided that with a 10% increase, i.e. R440 we should be able to keep on an even keel. May I therefore ask you to please change your stop order accordingly as of 1 March and, those of you who have not arranged for a stop order and don't always remember to pay their contribution promptly, to seriously consider setting it up. It would make our lives so much easier.

With grateful thanks to all of you for your continued efforts. We look forward to creating together an even better community and church environment that we can all be proud of.

Regards, Rosemarie Enthoven
and Anne-Marie Winkelman.

Timour Hall Cottages

(Pictures of cottages taken by Malcolm Attfield.)

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16 Walsall Road, Plumstead – New home of David and Pauline Scott.

DURING NOVEMBER 2012 an Inauguration Ceremony was held to welcome the residents to our newly completed cottages. They are now well settled amidst green lawns and an ever-increasing bird population. Please see page 6 for their contact details.
Marilize.

Life in my new Community.

I'M 'IN'! AND WHAT A DELIGHTFUL 'IN' IT IS! Peaceful, calm, harmonious and beautiful - and certainly worth the wait and 'angst'. More than two months gone and I'm almost completely settled. The garden has taken off and is lovely with great potential. The only things I wish would take off (from my garden at any rate) are the many guinea fowls ... any suggestions would be welcome.

My daughter and husband arrived from England to help and their input was enormous. The Angels were active behind the scenes sending me the right people miraculously at the right time. Faith was again restored. Our 'little Community' is coasting along very harmoniously with no problems.

Our warm thanks to ever-faithful Richard Cox whose spiritual shoulders are far wider than his physical ones but as he has far too much on his fork generally, we would welcome additional helpers, especially in the sphere of decision-making and carrying out the decisions.

Thank you also, Keith Struthers, for the wonderful design which gives such beautiful space; also to the excellent builders. The sand-hills are now grassed, which is one way of dealing with the problem.

All in all, for the final phase of my life, I'm certainly happy to be here.

Estelle Bryer.

Our Family Fair 2011.

THE CHRISTIAN COMMUNITY Family Fair in November is an event we look forward to every year.

From sewing little treasures that fit in the matchbox castle to collecting empty jars to fill with homemade lemon curd and pesto – the whole family gets involved. Then there is the last two day rush to make sure that between all your other commitments with children, husbands/wives and work you will find enough time to make your quiche, salad, cake, dessert and a bread or two.

It is very important for the children to see the adults working together from setting up early in the morning until packing up late in the afternoon again and setting up for church. Our daughter said that she couldn't believe that one minute it was a busy dining room and the next minute it was church again.

Thank you, Richard and all the organizers, who work so patiently the whole year to organize this lovely day, year after year.

Léza Sieckmann.

From Janni, Estelle's daughter and Simon, her son-in-law:

AFTER SO MANY MONTHS of waiting, it was a joy to see Mum finally settled into her new home, and what a stunningly beautiful home it is too ... architecturally designed homes like these could be really impractical, but I was amazed at how everything flowed, how the spaces feel so large, airy, light and peaceful, and how immensely practical they are to live in (apart from some rather interesting issues which the maintenance groups may have to deal with, such as changing light bulbs in high ceilings which will need scaffolding to reach!?).

What made our trip so rewarding was the generosity, gifts, help and warmth from the community around the church, and from friends who dropped in and out with tools, food, help, a warm word, plants for the garden and good advice. Staying in the church flat was also helpful in being able to be 'on the spot' and it was both comfortable and convenient - thank you, Marilize, for making the arrangements for us. We also enjoyed the company of the 'companions' - the others who share the properties - Lia, Jacquie, Pauline and David...so sweet to see the popping in and out of each other's houses! My mother, with her boundless energy and positive approach made everything easy, and we got so much done.

However our gratitude goes most of all to Richard Cox, who was always there at the end of an e-mail while waiting for the completion to happen, reassuring, efficient, full of warmth and care, despite the many demands made on him.

I do hope, though, that the Timour Hall Group/Committee can organise a maintenance contract with the builders to enable small and larger issues to be dealt with efficiently and quickly in and around the units - there will no doubt be teething problems which will need sorting out, and it's a long way to come from England! We do look forward to our next trip - hopefully it will be a holiday next time!

Warmest wishes,

Janni (Estelle's Daughter) and Simon Nicol.



Family Fair 2012: Stall holders Marion Penfold & Elizabeth Straube at our Bread and Cake Table.



Estelle Bryer in her newly established garden.

Children's Camp Feedback.

The food was amazing and I enjoyed the games. I really enjoyed making things and I made lots of new friends. I had so-o much fun on the camp and I hope I can go back next year! :)

Julia Fortes.

Well, with Karuna being well in her own teenage perception of things I am less and less able to speak for her, nor to motivate her for comments, but somehow it is still the same as last year: the camp is always looked forward to by both of us – it feels like the perfect way to round off a year and it brings my girl home calmer, kinder and enriched. Her stories are simple, like having taught some other kid swimming, and that for next year she has been asked to be a helper.

Thank you so much to all the helpers :) *Beatrice Pook.*

Thank you for this camping opportunity - Michael enjoyed it, would like to go again and loved the swimming. He said the food was absolutely delicious and it would be nice if the same children were there next time ... He came back home smiling. *Marisa Gray.*

I enjoyed the activities with the helpers making stars out of paper and beads. I also liked making the fridge magnets and I made lots of new friends. The food, like every camp, was really good and the morning circle got me going through the day. My favourite part of the camp was the cabaret on the last evening when everybody was allowed to do a little act. I loved Pauli's act because he sang all on his own and played the recorder and I also liked the scary story Bronwyn and Gabriela told us. *Kerstin Sieckmann.*

Camp Helpers.

Dear Camp Helpers, Thank you all for the way you enthusiastically and ably helped to make our Children's Camp a resounding success once again. You were a great team. Special thanks goes to our tireless kitchen crew – Anette and Rene – who spoilt us all with lavish helpings of delicious food and kept us all hydrated in the heat.

Richard Goodall.



Kitchen crew Anette Bestwick & Rene Navarro with helper Tatiana Thaele.



**Planning the day or perhaps the Cabaret?
Photos on this page taken by Kerstin Sieckmann.**

Church Maintenance Work Party for all Willing Helpers.

THERE WILL BE A MAINTENANCE WORK MORNING for all at the church (arranged by the Board of Trustees) on **Saturday 9th February from 9 a.m. – 12 noon.** We are aiming to sand the weathered wooden doors and window frames and treat them with sealant.

I will organise the sand paper and sealant, but would ask for all who come to bring a suitable block of wood for sanding + scraper + painting brushes. The idea is to make this a community morning activity, and we could end with a bring- and-share light lunch. No doubt there will also be a timely tea break.

Martin Herbert – Tel (021)794-5767.

“What is the nature of the Eye of the Needle in our time?” – Extract from my notes taken on the Contemplations by Richard Goodall during the Holy Nights 2012 – 2013.

THE TOPIC WAS PRESENTED TO US by Richard Goodall in ever-unfolding scenarios up to its culmination on the last day with the image of the Sun having been the dwelling place of Christ. For me that was the thread that pulled everything together. As we were once again given so much to grapple with I can only extract from my notes taken what was for me the main points.

The first image was the eye of the needle itself. In ordinary daily life we are only too familiar with this eye on which entire industries have been built. A tiny steel object gets transformed into a tool that clothes the population of the whole world. A length of plain fabric can be transformed into something useful, beautiful or artistic. It touches every single person’s life from the cradle to the grave.

We also speak of going through the eye of the needle when faced with a difficulty or a tough decision. Once we pass through the eye of the storm we can turn a new page in spite of having carried our previous selves and experiences with us through this eye. We can now transform the situation.

Richard gave several examples of where this eye of the needle can be found in a human being’s development from birth to death. It is always there where transformation can occur, where substances can go through an inversion, where chasms can and need to be bridged between the physical and spirit worlds in order for man to become more integrated. But it isn’t an easy place to be – one cannot relax there. Even just listening to these contemplations meant a struggle for me with concepts and questions. An example of the eye of the needle is when the human being gets to age 42. At birth the soul has to incorporate *everything* from the spiritual world into itself by ingesting it. This process is only finished at age 42 when the soul is ready to learn about wisdom and love. It is a decisive time when things get turned inside out. It is the eye of the needle, a time when man can make a real creative difference to earthly existence.

Richard also posed the question: What does all this preparation of the human being from birth onwards - by going through the eye of the needle at decisive points - have to do with the sacraments? Here another powerful image was presented to us namely that of having to digest everything while learning to be a human being on earth. In Revelations 10 the Angel gives John a little book and tells him to “... take it and eat it ...” To acquire Michaelic wisdom we have to go through the eye of the needle time and again, transform everything we have brought with us and do the spiritual work in our individual capacity and out of freedom.

This ingesting of substances and experiences then leads us directly into the sacraments and the Deed of Christ. The Death on the Cross was the healing and reinstating of the pre-Fall condition of the body and blood of Man in Jesus Christ, as well as a complete renewal of the sheath around the Earth. The Resurrection is a transubstantiating experience in the moment, available to humankind in perpetuity. Something both physical and spiritual happens. We ingest the bread and wine and through the digestive processes of the resurrected Christ’s body and blood become part of us. This gives us the possibility of regeneration, a turn-around from the mineralized world, subject to decay and death, in which we live, to eternal life. Seen from this point of view I felt that the veil on the mystery of the Transubstantiation had been lifted a bit – just enough to afford a glimpse of a better understanding.

This is the turning point of time, the place where transubstantiation can happen, the eye of the needle. In the sacraments as well one doesn’t become comfortable. One has to make the effort out of freedom to participate, then one has to digest the substances and out of that one’s nervous system can be re-enlivened. And so it all came together for me on the last day when we heard from Richard that the place where the physical and spiritual worlds meet to form a vortex is on the Sun. Whilst there are spirals of activities on the outside it is inside the Sun where the two worlds mix. Christ as the Sun Spirit brings to Earth the work of the physical sun. It

(Cont. on next page ...)

Winners of Family Fair Raffles.

▪ **THE RAFFLES WERE DRAWN** at Advent and the winners were: **Avice Hindmarch** – first prize of a Dr Hauschka facial by Rachele Napier, and then on a winning streak she also won the second raffle - a painting donated by Hanna von Maltitz.. The second prize for Dr Hauschka products was won by **Anette Bestwick.** Congratulations to all!

Lost Property.

▪ **A pair of spectacles.** Please phone me in the office if you think it's yours.
▪ **The Tea & Flower Roster for 2013/14** will be available soon.

Eurythmy Adult Classes 2013. Theme: The Earthly Elements.

Block 2: 25 Feb – 18 March with music. Cost: R320.

Block 3: 8th April – 13th May. Theme: **Air.** Cost R360.

Please confirm attendance with **Cobie Roelvert** at (021)671-4757 or Cell: 074 030 5251.

Contact details of Timour Hall Cottages residents.

1. **Lia Gabler**, 9 Walsall Road, Plumstead – Tel.(021)761-2877.

2. **Jacque Frylinck** – 9 Walsall Road, Plumstead – Tel. (021)761-1410.

3. **Estelle Bryer** – 16 St Joseph's Road, Plumstead – Tel (021)762-9646.

4. **David & Pauline Scott** – 16 St Joseph's Rd, Plumstead – Tel (021)761-3382.

THE KINGS' PLAY will be performed at 6 p.m. on Saturday, 26th January here at the church. This play is not suitable for children under the age of twelve.

(cont. from Page 5 ...)

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is therefore not only a physical activity taking place on the Sun but also a spiritual one. This vortex is the eye of the needle, another place of inversion of substances where transformation can take place.

A huge thank you to Richard for all the preparation and research he has done to bring us all this nourishment to be ingested.

Marilize.

Thank you to:

▪ **Laurine le Roux** for her donation of books for our library. Laurine has relocated to Plettenberg Bay where she will be teaching at the Waldorf School. We wish her all of the best on the next lap of her journey.
▪ Those who were responsible for producing the **Paradise and Shepherd Plays** just before Christmas, and for those cast members who travelled all the way from Camphill Village West Coast. Both plays contributed much towards the Christmas spirit.
▪ **Everybody** who helped to make a success of the Family Fair. The final income just before Christmas exceeded R44 000 which is on par with 2011.
▪ **The Trustees** for another year of faithfully helping to steer our ship in the right direction – into the future. They do this voluntarily and willingly and they even seem to enjoy it - or at least most of it! Marilize.
▪ **Grateful thanks to Rosemarie Enthoven** for giving the library a facelift and for organizing the transport for the beautiful display cabinet. In addition it was also her idea to purchase the eight new arm chairs and two coffee tables for the foyer to improve the overall impression and provide comfortable seats for our congregants during tea times.

Anne-Marie Winkelman.

▪ **To Anne-Marie** for her part in organizing the supply and delivery of the same chairs and tables.
▪ **To Heike Prinz** for organizing the supply and delivery of a new wardrobe for our upstairs flat giving it thereby a light, more airy appearance.
▪ Also to **Rosemarie Enthoven** for organizing and helping to repair a book case for the library to replace the current one which is now too small for our needs. In this task she was helped very ably by her son, Stefan and his friend, Nick.
▪ To **Christina Goodall** and the **choir** for once again adding to the joy of Christmas and the Holy Nights with their exquisite singing.

Marilize.

▪ Dear Friends, Many thanks for your Christmas wishes and collection. Your thoughts and generosity are very much appreciated.

Greetings from Florin, Melissa, Richard and Christina.

▪ Also from me a very warm thanks to the congregation for the lovely card and Christmas gift. With much appreciation, Marilize.

▪ A huge thank you to Eva Picard who has given her nearly new Toyota Corolla to Richard and Christina to replace the ageing Hyundai for their work in the Community. Richard Goodall.



Fire in Hermanus.

OUR THOUGHTS AND PRAYERS go out to the Sieckmann Family whose beautiful farm; "Wildgarten"; was ravaged by a runaway veld fire in storm winds just two weeks after our children's camp. All of the proteas on the farm were destroyed. Also to Alexander Chouler and Tabby who lost ten bee hives in the same fire just before harvesting the honey. This is a huge set back to them all as proteas and honey are the main sources of income on the farm.

Richard Goodall.