



The Wind Call

The Christian Community in and around
Cape Town: November 2018 – January 2019.

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Above: A Michaelmas painting by Liane Collet d'Herbois.

Contents.	Page
Leading thought by Richard Goodall	1 - 2
All Africa Conference by Rowena Bell	3 – 5
The man who planted 1,000 trees	5
Greetings from Edinburg by Peter Holman	6 & 7
Communities in Russia by Reingard Knausenberger.....	7 & 8
The Goodalls' visit to Israel	9
Community news and announcements ...	10 & 11
Julia's Journeys	12

A Michaelic Stance in Life.

A MICHAELMAS FESTIVAL for adults is not just some festive occasion organised by a group of people that happens out there. If it is to have any significance for the world, celebrating Michaelmas means relating to the world in a Michaelic way. If I am not doing that in my own life, then Michaelmas is not a reality in my world and I am of little consequence to Michael. What does it mean to relate to the world in a Michaelic way?

The archangel Michael has always had the task of maintaining the connection between Man, as the pinnacle of all creation, and the world of spiritual reality out of which he has come into being - the world of the Logos. In the ancient past the human being's consciousness was at one with this world of creative thought. He had to be gradually separated from it so as to awaken to his own consciousness of self. Living awareness of the creative beings became reduced to memory of their existence and shrank further until it only encompassed their working in the world. Now in our time, normal consciousness can only perceive the completed works of the creative Gods with outer senses and it is even capable of denying that such beings ever existed at all. Today the natural world

around us reveals nothing at all of present Logos working. It is only an archive of past working which is sustained through cosmic rhythms. In this sense, the outer world has become dark. However just at the point in time when this happens, the flame of Logos working is awoken in the very core of the human being through the Mystery of Golgotha. As the periphery becomes dark the centre of Man is imbued with a new creative light, at least as a potential. With this, the possibility and the responsibility of freedom become a reality for all mankind.

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This possibility of freedom radically changes the way in which Michael works. No longer can he guide and form us from outside. Now he is silent, waiting to see what we do out of freedom – for only through our free deeds is he able to participate in our lives. It is only through free deeds that newness can enter into the world. Our ability to learn about the outer world is through our senses and it is of great consequence what we do with what we learn. The world of natural science can teach us a great deal about the phenomena of the world and we should pursue it. However the same science can tell us nothing at all about the spiritual realities behind the outer phenomena or about their essential being.

One aspect of relating to the world in a Michaelic way is to take everything that we learn and feel about our surrounding environment and to offer it up to Michael's world. The substance of our interest and our studious efforts offered up in freedom is something very precious with which Michael and his cohorts can work. They are able to take it and imbue it with their own thinking – the creative thinking of cosmic intelligence – and then let it flow back to inspire us if we listen. We can practice this in all aspects of life. In living this way we make sense of the “free power – which can bear the earthly into heights of heaven”.

The second aspect of Michaelic living, is to acknowledge the fact that all of nature waits with longing to be redeemed by us from its confinement on Mankind's behalf. For this to happen we need to wake up our soul forces from their sleeping state and to realise that how we think, feel and act towards the natural world is decisive in determining its future. Too long have we revelled in what nature gives to us without realising that all the time it is waiting for something from us. The elemental world is also aware of the fact that it is cut off from present Logos working and knows that it can only be reunited with this world of creative reality through the eye of the needle of the human soul. This world is dependent on what we let stream towards it through our hearts when we look at it. Do we just meet it with our personal needs and pleasure, or are we prepared to consciously let stream towards it Michaelic/Christ forces which release it from its bondage and free it from the clutches of those forces which would hold it back from its own development? When we do the latter, Michael becomes active in us and works in a transformative way through us into the world around us.

Deciding to consciously relate to the outer, physical world like this is to celebrate Michaelmas in a way which is of great consequence for the earth and mankind. Any outer celebration of Michaelmas will then be a festival which gives expression to this Michaelic stance in life.

Richard Goodall.

All Africa Conference - Human Confidence and Social Development Report.

THE ALL AFRICA ANTHROPOSOPHICAL TRAINING took place in Kenya from the 1st – 8th August. Nearly 70 delegates were hosted by the Franciscan Family Centre at Karen in Nairobi. The welcome we received from Vincent, Bruno and Julia was heart-warming and our hosts offered an excellent venue.

The days were full with the morning work concentrating on human faculty building, encompassing thinking, feeling and willing. The afternoon sessions were designed to enrich our professional lives. The evenings consisted of summaries of the day's work given by delegates, followed by Michaela Gloeckler leading us on a journey through individual and social development.

The mornings began with an invigorating session of eurythmy led by Cobie Roelvert, followed by a short introduction to the day. Thereafter, in small groups we were tasked with observing the four elements of earth, water, air and fire in our individual capacity, from three different aspects: our knowledge, our observations in the present and then how the elements related to our humanity. The sharing of this work, which was guided by a facilitator, stimulated lively conversation and inspiring insights. The morning was rounded off by working through the Seven Conditions of Esoteric Training. I personally found exploring and understanding these seven conditions a strenuous, but rewarding process.



Above: Relaxation time. Richard Goodall demonstrated the benefits of walking barefoot.



Above: Visit to Rudolf Steiner School at Mbagagathi. On the left: Michaela Gloeckler.

Daily, the eurythmy reflected the themes in an inspirational way. We experienced the solid earth, the fluid water, the rushing air and the flaming fire in movement. We practiced threefold walking and felt ourselves as noble pillars of light. We experienced the vowels and then to our wonder saw how these gestures can be found in nature. I found them all represented in a banana tree! We were led through the evolutionary sequence of the consonants and experienced the connection to the four elements.

The best way to describe the afternoon sessions is to state what was on offer, as follows: Child study and support by Andrea Seemann; Ethical business by David Wertheim-Aymes; Biodynamic farming and gardening by Angela Hofmann and the practical work by Anne and Rolf Bucher; Anthroposophical Medicine by Friedemann Schäd; Care for mother and baby by
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Carola Edelmann and Ulf Beckmann; Therapeutic eurythmy by Julia O'Leary and Prayer and meditation by Richard Goodall.

The daily report back sessions were inspiring and indicated that all the above workshops were excellent. It was good to get a glimpse into and overview of the work. My focus was Biodynamic agriculture which was attended by a large number of delegates. The concern for the fertility of the earth, heirloom seeds sharing and wholesome food is great. Our theoretical work was done at the Franciscan Centre and the practical at the farm at the Mbagathi Waldorf School. Angela was a shining example of transforming desert sands in fertile lands. Our group highlight was making Cow Pat Pit and the eventful journey to the school through congested traffic on poor roads, passing the many roadside vendors. We had a chance to experience Nairobi. In this picture below of the Mbagathi School the "Committee" of Tanzania, Zimbabwe, Kenya, Uganda and South Africa are represented.



The evenings were presented by Michaela and what a seven day journey it was, encompassing so much food for thought! She asked the question: 'How can we be educated so that this gaping gap between wealth and poverty can be tolerated by human beings today?' She stated that the social problems need educational solutions and that educational problems need therapeutic solutions. Michaela said that the highest social competence is *to know yourself*.

An anti-social drive in our thinking is the desire to convince the other that our opinion is right, whereas being socially competent is learning to come into conversation and help the other to become a better thinker. She pointed out that a seeker of the truth will sacrifice his opinion in the quest for the truth. As Christian Morgenstern said, 'Those who are looking for the truth have to go alone.' The antisocial drive in feeling is projection and we can overcome this tendency by learning to live with the expectation that the other is different from what we think, and that we respect that we are all developing human beings. Development means being open! The antisocial drive in our will is when we act and disappoint others, whereas being socially competent is questioning ourselves before we act, knowing that when we do what is needed, we respect the freedom of others and make them happy! To be socially competent is learning to look from the other's perspective, and not one's individual perspective. She pointed out that evil is in the world so that we human beings may wake up to the good!

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The highlights of the conference were many. I loved meeting my brothers and sisters from Africa and have returned to South Africa knowing that each delegate will be returning home, carrying his/her light and 'lighting up' our African continent. My personal aha moment was that we human beings are masters or 'expert handlers' of warmth, and therefore we are the transformers on the earth and have immense power. Do we harness this power or abuse it? Even more significant, are we conscious of our power? We were addressed by Victor who informed us about the growing Waldorf movement in East Africa. Father Herman had the occasion to address us and tell us about his work as a Catholic priest in Kenya. He celebrated mass on the Sunday morning for those who were interested and Richard also celebrated The Act of Consecration of Man on three occasions. As we were staying in a Franciscan place, Michaela closed the day with the prayer of Saint Francis. She invited delegates to recite the prayer in the different languages from the continent which was another highlight.

A big thank you to all who made this excellent and enriching conference possible, and especially to Michaela, Vincent, Julia and our Franciscan hosts.

Rowena Bell, South Africa.

The Man who planted 1,000,000 trees.



WHILE ATTENDING THE ALL AFRICA CONFERENCE, I met Fr Hermann Borg, the Franciscan priest and monk who had planted over 1,000,000 trees in 30 years. He is known as the Father of Trees and his nickname is 'Baba Miti' in the local dialect. These trees, planted in the once barren Subukia Valley in Nakuru county, Kenya, are now fully grown and have not only helped with re-establishing the rainfall pattern and natural water channels by doubling the precipitation, but have also stopped the migration of the locals to look for work.

Hermann Borg is the founder of the Mother Earth Network, an environmental conservation group creating awareness of conservation and climate change through tree planting. He has been quoted as saying: "I have invested just \$50,000 in planting one million saplings in the past 30 years. They are now worth more than \$5 million. "

His story is an uplifting one. Migration is now negligible, Subukia has a secondary school and the locals are prosperous and earning from timber. Tree planting is continuing at 30,000 saplings a year around schools and in slum areas. He is further quoted as saying that the sapling survival rate is more than 90 percent and this is entirely due to the locals themselves who nurture each sapling they plant. His Mother Earth Network has plans to expand their work into Uganda and Tanzania – indeed a very inspirational story about transformation.

Richard Goodall.

Where are they now? Greetings from Edinburgh.

Dear Friends,
It is three months after our departure from South Africa and I thought I'd send a few lines to let you know how we're getting on. Judy, Jonathan and I had a few weeks with Judy's mum in Sussex to catch our breath and get a taste of life in England before moving to our new country.

My induction into the Edinburgh Congregation on St John's Day was a fine event. The Lenker, Tom Ravetz, was present and conducted a counter-ceremony to Reingard's releasing of me from the community. He elaborated on what the Sending is and spoke of the priest's work in relation to Whitsun, as well as to the sending out into life of the congregation after every Act of Consecration of Man. I celebrated and, I must say, experienced a strong and substance-filled aura around the altar that reminded me of my first ever celebrating in Stuttgart in 1995. It was a special confirmation of the rightness of this move for me. Music, Scottish poetry and speeches were followed by a (rare) bring-and-share lunch in the warm, sunny church garden. *(Picture on the right.)*



There are so many blessings to count! For example: the large, lush garden – part wild and cultivated – the nearby canal for walks, warm, welcoming people and a fascinating city with its rich history to explore. I have bought a bicycle and enjoy speeding around with the thousands of other riders in this cycle-friendly cathedral town. We have a fine home in the basement of the church and part-time caring support for Judy. Many challenges face us, but we are well-placed to meet them. *(Picture below left: our favourite walk along the Union Canal.)*



Jonathan is getting to know the countries: a road trip with me to Scotland and now some weeks in Northern Ireland before he starts as volunteer trainee at a small Camphill Community in south-east England, have introduced him to his new land of residence. He is managing well, so far, and certainly enjoyed watching World Cup football in an Irish pub!

My thoughts are often with the congregation we left behind and our life in Alverstone. I wonder who will live in the flat, what events they are enjoying with their new priest and how the property generally is faring. I hope the new altar will soon be installed and hope

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to see a photo. Our 10 years in KZN were formative and taught me much. Our family will always have a warm memory of being there. Let us remain united in spirit, especially when we gather around the altar.

Warm greetings, Peter Holman.

Our Lenker, Rev. Reingard Knausenbeger's visit to The Christian Community in Russia.

AFTER THE LENKER CONFERENCE in Berlin this year Reingard had the opportunity to accompany Rev. Dieter Hornemann to St. Petersburg where, on September 16th, the birthday of The Christian Community was worthily celebrated with this community in the quaint log cabin, which has no electricity or water. *(Picture right.)*



We publish an excerpt from Reingard's article from the latest Johannesburg Community newsletter.

"Looking over the rim – The Christian Community in the Russian-speaking Regions.

ON SUNDAY, 14TH OCTOBER the founding of the Community in Moscow was celebrated with a first Russian born and raised resident priest, Anna Geyer. With this big festival a preparation which began in 1976 when a Russian lady invited Friedrich Benesch to visit a group of young anthroposophists, will find its fulfillment. From then on, Dieter Hornemann (who was a priest in Stuttgart and spoke Russian) was asked to accompany the people interested in anthroposophy and religious renewal. Others as well have been working with different groups since 1979.

During this time he met the art student Sergej Prokofieff, who joined the circle of friends in 1978. After 1979 it became difficult for Dieter to travel in the 'East Block' through the political situation and their surveillance regarding anti-communist activities. Thanks to the changes brought about through Glasnost and Perestroika he could obtain a visa again in 1987 and work began on translating the rituals into Russian, also with the help of Sergej Prokofieff, who in the meantime got married and was living in England. With the change in political 'temperature' bringing hope, youth in West and East Germany began preparing for a big youth conference in Moscow, not knowing if it would actually be possible to realise it. So when in 1989 the borders opened to the West, they were prepared.

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In July 1990 ninety youth, three priests and a Waldorf teacher boarded a train in Stuttgart for Moscow, to be joined along the way by another priest and youth from Dresden, bringing the group to ca. 120. The week started in a small public school with a handful of Russians, and by the third day the numbers had doubled by way of bush-telegraph and angel interventions as people appeared from across the whole Soviet Union. Truly an unforgettable week which set much in motion! The Act of Consecration of Man was celebrated every day in Russian and German. The chalice remained as a gift for the budding Moscow Christian Community.

From the 14th October 1990 the first public service (not in the protected space of a conference) was celebrated and from then on had regular visits from priests, sometimes staying for many months. It is a very special destiny to note that in this year the founding Act of Consecration for the Community in Moscow will take place to the day 28 years later. In 1990 and in 2018 this date falls on a Sunday. Since 2005 the community has their own consecrated chapel space, in a building jointly owned with the Wala.

Regular conferences have been held to which people from other towns came, asking for visits as well. In 1998 a group in St. Petersburg bought a small one-room holiday cottage at the edge of the city, and so there are two owned spaces in Russia where the Act of Consecration is celebrated. There are three other filial situations in Russia which are visited regularly.

Not to forget:

In the Ukraine the communities developed quicker and more energetically after 1994. Odessa has had their own chapel and grounds and resident priest for over a decade, and in



April 2018 this year the founding of the community in Kiev was celebrated also with a resident priest. They hope to have concluded a sale for their own premises before Christmas.

May the further unfolding and growth of our Movement for Religious Renewal be blessed and accompanied by our prayers."

Reingard Knausenberger.

Left: The Community in St Petersburg on 16th September 2018 with Reingard in the center.



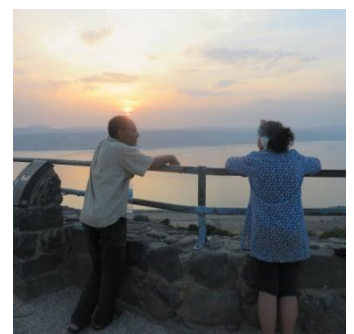
The Goodall's visit to Israel.

Our recent trip to Israel, the fulfillment of many decade's long dreaming, was a feast of interesting meetings with very welcoming Jewish and Arab people alike, of new sights and impressions, of recalibrating long held imaginations about the Holy Land and above all of diving into an almost tangible sense of ancient history in which the whole country is steeped.

It was wonderful to walk on Mt Carmel where Elijah did battle with the 450 priests of the Baal cult, see the famous Bahai gardens of Haifa, stand at the place of the transfiguration on Mt Tabor, Visit Nain (or Naim), Sipori where Mary of Luke's Gospel lived, walk the streets of Nazareth, Tabga, Capernaum the centre of Christ's ministry in Galilee, feel the peacefulness of the sea of Galilee, see the foundations of Joseph's woodwork shop, stand on the mount of the Beatitudes, picnic on the banks of the Jordan River, drive along the Golan heights, visit the border triangle where Israel, Jordan and Syria meet, experience a taste of Kibbutz life, participate in a bar mitzvah, walk the Via Dolorosa in the old city of Jerusalem, the wailing wall and many other interesting places. And then of course there is the delicious Middle Eastern cuisine!

I found it not at all difficult to think away modernity with all its trimmings and to imagine how it might have been 2 000 years ago. Much was seen and even more left for future exploration.

Richard and Christina.



Photos from above top left clock-wise: The Wailing Wall in Jerusalem; Picnic with our hosts on Mount Precipice above Nazareth with Mount Tabor in the background; Richard at the shore of the Sea of Galilee at Capernaum, the centre of Jesus's ministry in Galilee; Christina amongst hoards of tourists between the Blue Mosque and the Hagia Sophia in Istanbul and sunset over the Sea of Galilee from a view point on the Golan Heights.

For Marion Penfold, belatedly ...

IN OUR PREVIOUS WIND CALL we published news of Marion Penfold's relocation to Prince Albert to retire near her brother, William and sister-in-law, Colleen. Hanna Hack had submitted a poem which she said was "so Marion" that she asked for it to be published. However, it reached us a few days' late! Here it is now.

Farewell.

by Ward Bruijninx.

To say Farewell is to close what has been with gentle
fingers
And wrap it in the good thoughts of memory ...
Is to pause at a part of life and to stop at the summit
of pain and joy.
To say Farewell is to bear sorrowfully with grateful hands
All that is worth not to be forgotten,
Is to undo threads woefully.
And to let go of the web of experiences,
To leave behind,
And not able to forget.
Life ... is to say farewell from birth
Life ... is to unhook in order to go forward
To lose oneself in order to find oneself
To say Farewell is the hardest thing in life ...
One never learns.



Above: Jacquie in her Timour Hall Cottage in 2016, displaying one of her own paintings from her Zimbabwe days.

Jacquie Frylinck's move to her new home of super caring hands.

After thorough consultations with Jacquie's son, Deon, her professional health caregivers and the rest of the THC residents and management the decision was taken that Jacquie was in need of 24/7 care from which she would benefit greatly. Last week she made the move to Doordrift Lodge, a homely place of care in Doordrift Road, just one block from the church. Those who have visited her, report that she has settled in without problems and has already started making new friends. She also enjoys receiving visitors. Our warmest wishes go with her.

Marilize.

Baptism.

Naomi and Hope, twin daughters of Derek Oxlee and Jo Fuller, were baptised on Sunday, 5th September here at our church. On the right is a picture of the happy family together. We wish them much joy in raising their twins. Derek is the son of Yvette & Roger Oxlee.

Marilize.



Visit to Europe.

Jeanette Kane was invited to share a bit of her latest trip to Europe with us and she wrote as follows.

Dear Friends,

Patrick and I managed to arrive in Stuttgart by 15 July, in time to see the 2017 – 2018 Fairy Tale Ensemble Group's final eurythmy performance of a Slavic folk tale, Ivan Wassohn and Michail Wassersohn, which was led by Michael Leber. It was wonderful to see our daughter, Alison (who studies Eurythmy in Stuttgart) and spend a few days with her there. Then our travels began with her to visit the Goetheanum and we stopped over to see Strasbourg and stayed in Leiden (Amsterdam). Alison then returned to Stuttgart and we went on to Magdeburg, where we hired a car to visit the places of my family's origins, across the north of Germany and into Poland. On 4th August we flew back, with much relief, from Berlin to our cool Cape Town winter weather.

Regards, Jeanette.



Left: Jeanette and Allison at the Eurythmeum at Stuttgart.

Right: Patrick and Jeanette in Leiden.

Below left: Fairy Tale Ensemble Group.

Below right: Jeanette & Alison at the Goetheanum R.S Memorial Garden.



Julia O'Leary's sojourns through Africa.

I have been asked by many what I actually do on my journeys through Africa so now please let me explain.

In Cape Town we have hosted the IPMT - International Post-graduate Medical Training in Anthroposophic Medicine over the past 6 years. Michaela Gloeckler, who has led the Medical Section at the Goetheanum, Switzerland since 1988 and who had retired in September 2016, has been travelling to over 20 countries in the past years since 2002, bringing intensive one week courses over a 5 year program.



Her question each year has been "Where is AFRICA?" Although brochures were sent to some of the countries wherever a contact was found, there was little response. SOMEONE had to go through Africa to tell of this wonderful training. I was the lucky one to get this opportunity.



I am meeting people wherever I go who carry an initiative in education, farming/agriculture or medicine. Through conversation, meetings, interviews and sensing, I try to find out what the obstacles, challenges and needs are, as well as the achievements and successes. This is to establish an insight into each country and find out how best the IPMT

and Anthroposophy can serve. (Picture above left: new friends in Senegal.) Julia O'Leary.

Children's Camp 2018.

THIS YEAR WILL BE our 21st Children's Camp and it is time to refresh the original intention of a camp for children between the ages of 10 and 14. We have some new, up and coming helpers keen to create a beautiful, held space in which the children can blossom. Looking forward to it all!

Richard Goodall.

Thanks to:

■ **John Coates and Barbara Herbert** for doing a splendid job in the **Church Library** by making it more user-friendly and attractive. John is an experienced librarian – indeed, he was a professional librarian for several years – and there is a clear order now in the book titles.

■ **Church maintenance:** To Wilma Dawes for organizing a handyman to varnish the wood of the front door which was in a very poor state due to weather erosion.

■ To those who help with the **laundry for our church flats** – this is a real boon.

Marilize.