



THE WIND CALL

AUGUST – OCTOBER
2020

The Christian Community in and
around Cape Town.

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The path to Michaelmas.

People who work in the health professions will know that if a sick person does not want to get well then the chances are that they won't. When I am sick I will only get better when I set my sights on getting well and have the will to get better. I need to be able to say yes to the medicine or the therapy in the belief that they will do me good and facilitate my healing.

Even in the best of health I can come to realize that in terms of my wholeness I carry a huge deficit. As Goethe famously said: "We are only truly human when we feel that there are two people in us – one that we are and one that we are to become." When we discover this, we realize that the former is always indebted to the latter. This means that no matter how well we may feel, we are still only partially human and therefore sick in relation to our wholeness. This is in no way a moral judgement but simply a statement of fact about the human being in a physical body on the earth. Our task is to grow and develop more and more into our wholeness – that is - to heal.

John calls on us to become aware of this indebtedness in ourselves and to become conscious of the fact that the medicine that heals this 'sickness' is now available to anyone who accepts it. To be able to embrace this medicine for our lack of wholeness, we need to change our hearts and minds. This implies that we have to learn how our thinking and our feeling can begin to work together in a congruency which gradually develops organs of 'heart thinking' and 'heart seeing' and 'heart hearing'. Heart perception is the means by which we connect with the medicine which Christ introduces into the stream of humanity.

The medicine itself is a new etheric realm with an entirely new ether substance which did not exist on the earth prior to the resurrection of Christ on that first Easter morning. That was its birth on earth. With the ascension Christ imbued the entire earth with this ether substance as a potential. However this potential can only become a living earthly reality through the participation of human souls who allow it to work through them. The content of this etheric substance is nothing other than Love. It is this divine love that makes whole and renews through its processes of resurrection and transubstantiation.

The 10 week path to Michaelmas is one of fulfilling John's call to change our heart and mind – to work at building heart consciousness and heart perception so that we can become more worthy co-warriors of Michael against the dragon forces in the world which strive to hinder our healing.

The first step along the way is to say 'yes' to the medicine and to develop trust and faith in its ability to help us. This means changing all that we know or think in our heads about the Christ being into a heartfelt experience of relationship to the Christ. This personal relationship is a matter of inner experience not theoretical hypothesis and therefore becomes my personal knowledge to which we can confess. I learn to love the medicine – and Christ is himself this medicine.

Every little fleeting experience of Christ's nearness – of Christ's indwelling is at the same time an experience of a little more of my own wholeness. In Him I find myself.

Richard Goodall

Class 1 Children's First Service

On Sunday 14th June, this year's Class 1 children experienced the Children's Service for the first time. Amongst them was Noah, my son. I am not new to this beautiful service as I have served for it before. I always find the angelic presence so strong and so close to these precious children who are on their seeking path to God.

This time it was even more significant for me because my own son was one of those children looking up to the altar and searching, in his own heart, for the strength that comes from God's presence.

The stories that are told before the service are magical and imbued of that sense of reverence that children desperately need at this time. Living this experience is a true gift for the children and for their parents.

With much gratitude

Paola

Biodynamic Preparation 500 stirring May 2020 We shall 'rouse the spirits of the earth and move the rolling stars'

What the following, cow manure, cow horn, the Solstices and the water vortex, have in common in creating a potentised preparation that fructifies the soil and makes plant life flourish, is becoming more well known, but can be challenging to understand. What is important is that when Steiner gave these directives at the Agricultural Conference in June 1924, farmers were urged to 'try them out' before passing judgement, and that is what we aim to do every year with the Prep 500 stirring at the Christian Community. It is a valuable threshold one goes through in simply 'knowing' the magnitude of these preparations. It requires self knowledge and a leap in recognising the power of creative imagination.

It requires only a small amount of the preparation to spray over a hectare. This is stirred for an hour in about 25 liters of fresh water, and attention is focused on creating a deep water vortex, as well as positive thoughts and expression from the participants. The actual preparation is the result of organically produced cow manure packed into a cow horn and buried in the ground over the winter solstice. The cow manure is potentised in the cow; the manure in the cow horn, and the preparation energised further by the inward flowing formative forces drawn in by the water vortex. The resulting homeopathic mixture is highly potentised and has been scientifically proven to dramatically increase soil micro fauna and flora - almost to optimal capacity.

But it is hard to believe all this when miniscule droplets are sprayed on the soil. And, to add more excitement, in the knowledge that a sizable area beyond the sprayed area is also potentised, according to Steiner. So, the Church gardens, and those of the participants, we believe are enriched. Our vegetables will be more nutritious, and our flowers will smell sweeter. And we key in further to the 'open secrets' of nature.

Howard Dobson.

The Funeral Fund

Dear Community,

It has been a long time since I last wrote about our funeral fund and so let me inform all those that are not aware of its existence.

This fund has been created for the sole purpose of ensuring that after death sufficient money is immediately available to pay for your funeral. The money we receive in advance from you is invested in a special fund and the interest accrued is for the benefit of the church. Now and then you will receive a written confirmation of the amount held and possibly information regarding increased rates.

The undertakers that are usually used by our members currently charge a minimum of R13 700 for their services and the church would request a further R6500, which includes laying out. Kindly note that this amount does not include nursing fees and arrangements for this would have to be made separately.

Should you wish to make such a provision, please feel free to contact me.

Warm greetings to you all,

Rosemarie Enthoven

Tel. 021 875 5585 pippin@adept.co.za

Thank you!

A very big thank you to Tanya Karakasian for working so hard to create the beautiful mural {which we have used as our picture for the Wind Call this month] on the back wall of the chapel thus bringing its long journey of renovation to a close.

We are very grateful to the legacy left by John Penfold, part of which was used for purchasing the beautiful new curtains in the hall. Having curtains that are neat and hang straight has improved the appearance of the hall. Thank you dear John.

Special thanks to Barbara and the team of ladies which she managed to round up to assist in sanitising and deep cleaning the hall and all the rooms. This too has added to a feeling of our spaces being cared for by us.

A heartfelt thank you to our secretary, May Munroe, for contributing 50 % of the cost for the Forehead Thermometer required under covid regulations.

Another big thank you must go to Riaan van Zyl for cutting back trees and shredding them for us.

Board of Trustees.

The Christian Community in Cape Town Program for August 2020.

- Sat 1st 18:00 Reading for the dead (each in their own home)
- Sun 2nd 09:00 Confirmation class and children's service
 10:00 The Act of Consecration of Man. **Mt 17; 1 – 14.**
- Sun 9th 09:00 Confirmation class and children's service.
 10:00 The Act of Consecration of Man **Lk 15**
 11:30 **The Annual General Meeting** Please attend.
- Sat 15th 18:00 Reading for the dead (each at their own home)
- Sun 16th 09:00 Confirmation class and Children's service.
 10:00 The Act of Consecration of Man. **Lk 9; 1 -17**
- Sun 23rd 09:00 09:00 Confirmation class and the Children's service
 10:00 The Act of Consecration of Man **Lk 18; 35 - 43**
- Sat 29th 18:00 Reading for the dead (each in their own home)
- Sun 30th 09:00 Confirmation class and the children's service
 10:00 The Act of Consecration of Man. **Mk 7; 31 – 37.**

PLEASE NOTE :

Please note that we will no longer be posting hard copies of The Wind Call.

Also if you no longer wish to receive the Wind Call please let us know so that we can remove your email address from our lists.