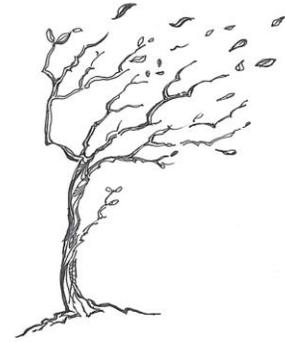


# The Wind Call

The Christian Community in and around Cape Town  
May - July 2012

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## ***Leading thought.***

*“Christ waits for us to do consciously what the plants reflexively do with the rainwater – to open our hearts and take him in so that he in turn can take hold of us.” Richard Goodall.*

## ***Nourishment and Strength for the Way.***

WITH THE ONSET OF THE FIRST RAINS in recent days something quite remarkable could be observed happening in the plant world around us. Many plants were very dry with shriveled up leaves and some even with leaves lying flat on the hot earth, threatening to die altogether. Then as the rain fell two different things began to happen. First the dry plants in their weakened state began to take hold of the water, drawing it into themselves – and then you could see how the water in turn took hold of the plants imbuing them with new vigour – filling out the shriveled leaves and lifting them up off the earth – out of the realm of death and decay and up into the influence of the sky and the sun. Within an hour the half-dead plants were totally transformed and filled with vigorous life.

The whole plant world is dependent on a rhythmical intake of what nourishes and sustains it to be able to thrive. Although the rhythm of different kinds of plants is very different – if that rhythm is disturbed, the plants become threatened.

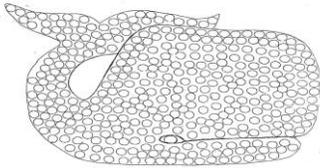
We too, like all other living creatures, are dependent on a rhythmical intake of that which sustains us to be able to survive. In ancient times our subconscious bodily rhythms were known and experienced to be closely related to the mighty cosmic rhythms of creation and of the creative beings. In modern day consciousness we have lost touch with what truly sustains and nourishes us in our humanity – in our souls. If we do nothing about this, we threaten to dry out in our souls – burn out in our souls – like the leaves of plants without water. This inner isolation as a result of our lack of awareness, is the stone rolled across the tomb of the human soul – just as the stone was rolled across the tomb of Christ.

Through his overcoming of death’s hold on the human soul, Christ rolled away the stone from our soul grave and thereby re-opened and renewed the spiritual stream of sustenance to Man’s soul. Through this sacrifice he opened our soul tomb and changed it from a grave to an offering altar. He offers at this altar and waits for us to join him in that offering. Since that first Easter the rainwater which sustains and re-enlivens the dried-out human soul is ever present and always available. But unlike the drought-stricken plants, the presence of this nourishment does not transform us as a matter of course. It waits for us to meet it, to engage with it, to become actively open to it.

He waits for us to do consciously what the plants reflexively do with the rainwater – to open our hearts and take him in so that he in turn can take hold of us. Here Thomas – doubting Thomas – shows us the way. He does not passively accept what he is told by the other disciples about the risen Christ. He questions it and pursues his questioning. Like him, we cannot simply take on board whatever we hear and accept it as the truth. We need to question it and test it against our experiences in life. To question is not just to pose a question and wait for someone to answer it. It means pursuing our question, refining our question until we discover the answer as an inner experience of Truth. Then only is it a truth by which we can stand and one which really nourishes us.

Through his questioning, Thomas gets to experience far more than the other disciples. He gets to feel the wounds of Christ and what is flowing from them. Through his experience he is able to let Christ into his soul and to feel the power of Christ take hold of his heart. It is this inner experience of the power of Christ which lifts us up from the influence of the earth and leads us and strengthens us on our rightful path of human becoming. It is this that nourishes and sustains us in our humanity.

Richard Goodall.



Dear Friends,

This financial year started off with a positive community meeting on Saturday, 17 March regarding 'Partnership' between you and the Christian Community. Various congregants spoke about what the Christian Community meant for them and how they view the working and the financials of the Christian Community in Cape Town. Some excellent fundraising suggestions were made which will be investigated by the relevant congregants.

To enable this community to grow into the future, there needs to be 150 contribution units of R400 each. This will then cover the expense budget and anything over that will enable capital development. It is also vitally important that the base of contributors grows as in the last financial year 69 contributors carried the entire financial responsibility for all those enjoying the wonderful sacraments and all that the Christian Community has to offer.

Since this 'Partnership' meeting, many existing contributors increased their contributions while other congregants have committed themselves to regular monthly contributions. On behalf of the whole community, the Board of Trustees gratefully thanks each and every one.

Kind regards,  
Anne-Marie Winkelman.  
Finance Committee.

### **Contemplations during Holy Week – Feedback.**

*(Some thoughts on different aspects of the events during Holy Week as brought to us during the contemplations by Richard Goodall - Marilize.)*

#### **Monday.**

**THE EVENTS OF HOLY WEEK** signify the bringing together of evolutionary time with the future which we can call involutory time. On the **Monday** when Christ curses the fig tree, he is telling the disciples that the old way is no longer appropriate – the new way is through faith and prayer – we also know that most of what Christ undertook on earth was in the realm of prayer. He was not tempted by the hosannas, which came out of the old consciousness – his resistance to temptation on the Monday can be found as an echo at the end of The Lord's Prayer – 'Lead us not into temptation.' This connects us with the sacrament of Baptism which is an involutory moment of strength for us as we begin the evolutionary journey of life which we have chosen, revealed to us through our experiences in time. In this way we can look at The Lord's Prayer in reverse to the events of Holy Week as a sacramental prayer representing involutory time.

We can also look at the events of this week as an archetypal picture for our lives - the six days plus the Resurrection on the Sunday – and we can indeed approach the answers to our questions about our lives through the living deeds of the Christ in this week. Our entire evolution was experienced and accomplished by Christ in the three years from the baptism of Jesus – if He had succumbed to the temptation on the Monday His mission would not have been accomplished and the way forward for our individuation which is the way of the future would have been denied us.

Rachelle Napier.

#### **Wednesday.**

**LEADING UP TO WEDNESDAY**, the middle day of Holy Week, are several events of conflict and drama. From Christ's entry into Jerusalem on Palm Sunday on the back of an ass and accompanied by the hosannas of the crowd, to the chasing of the money-changers from the temple on Monday, we are led into Tuesday, the day of conflict. When Christ curses the fig tree the fury of the authorities, the scribes and Pharisees erupts. Christ counters it with parables and he challenges the people in their consciousness, aiming to awaken them.

Wednesday's theme is that of guilt and forgiveness. As becoming beings we can decide on what we will do and become in the context of Christ's deeds. That which is not brought to consciousness and dealt with can make us ill. Wednesday is the quiet day. Nothing much happens outwardly after the build-up during the previous days. It is a day of balancing and prayer. Christ had sealed his fate through the decisions he had made. He had entered Jerusalem, he had cursed the fig tree and he had resisted the hosannas. This had led him to the dramatic events of Maundy Thursday. He can only continue by connecting to the Father. At the same time he had aligned himself completely with humanity.

When Christ prays "Give **us** our daily bread" (not "**my** daily bread"), he makes it clear that he is one with us. This is a huge concept. The bread has to be understood in its qualitative value. Christ is in the process of himself becoming the bread of humanity. This is again an example of the evolutionary process of mankind unfolding in time, and the involutory process which works into us from the sacramental life. We are today what we have received over eons of time. Now, through the Christ, we are given the option of what we will do and become, what our conscious next steps will be.

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Christ prays for the bread and he becomes it. His whole deed of incarnation and the transubstantiation of Jesus of Nazareth is a creative deed out of nothing. It is a free deed for humankind. Every time the Act of Consecration of Man is celebrated it is a new deed of creation. The stillness of Holy Week gives us the possibility to connect with the spiritual world and to find the substance to deal with that which can transform our lives. Our gratitude once more to Richard Goodall for reminding us of where to seek and find the bread of life that can sustain and nourish us not only during the events of Easter but throughout the rest of the year as well. Marilize.



### **Confirmations 15<sup>th</sup> April 2012 - A Message to the Confirmees from our Lenker.**

**ON PALM SUNDAY, ACCORDING TO AN OLD EASTER TRADITION**, you might have planted seeds and throughout Holy Week watched how they started sending up green shoots. Why do you think they could grow so quickly? - Because they were planted in good soil and had light, air and water.

You might remember the parables about the Kingdom of Heaven in the Gospel of Matthew 13: 'A sower went out to sow his seed...' and that it matters a lot where the seed lands if there is to be a good result. We hear that the seed is the Word of God. We all have experiences of how powerful a word can be, depending on where and how it lands in us. We know how it feels to be criticized and hurt by anger and how difficult it is to pull that thorn of hurt out of the heart. But we also know the opposite, how a kind and caring word can warm us through and fill us with joy and strength from the inside out. Then we can think of the very beginning of the Bible, the book of Genesis, where we hear how God created the world in six great cosmic world-days through the power of The Word. It was God's own initiative to speak His substance out like a seed. The whole of creation, this world around us, is the seed He has sown. You and I and we all are a seed God planted into this world. And He says: 'it is good'--planted in good soil. On the seventh day He pauses, eager to see what will become of the seed He has sown.

A lot of things happened in the world since then, the whole of history until now is about growing that original seed. Getting the conditions right so that something can find its place and grow is the first challenge. After a while, though, when it is established and growing, another question arises: what is its purpose, where is this headed, what will become of it? At that point in history when this question was existential, a very special human being was born with a unique mission. Jesus gave Christ, the son of God, the opportunity to enter into His creation and show us what God's power can do when a human being brings it alive within his heart. The meaning of creation became real when Christ died. Now we can understand better the first verses of the Gospel of John: 'In the beginning was the Word, and the Word was with God, and the Word was God'. The power of Creation, the power of His Word that can become anything, *was* with God. Long ago, God spoke it out. Have you ever tried to take a word back you spoke? Was it possible? You will find that it can never be made 'unspoken' again, even if you try to correct and change its impact. So the question for us is: where is God's Word now? Christ, the spoken-out Word of God, *died!* Where, how, does it become alive again?

You see, this question leads us to an altar. Everything we experience at an altar in celebrating a sacrament is about The Word. Sacraments are there because The Word *was* with God and *is* now with us! The deed of Jesus Christ on Golgotha fulfilled the original purpose of creation and has produced a new seed, sown deeper into our being, right into our heart, into our flesh and blood. Christ, The Word, is now in us. What was with God is now in you like a seed, a magnificent creative potential, a spiritual 'power point'. It is a possibility waiting to come alive in your heart. That is why it matters where this experience of receiving a sacrament lands: on the path where it will be trodden underfoot among all the many experiences we have in the course of life, on the rock where it is of momentary interest and then forgotten, among thorns where it isn't given any exposure to light and air, or in good soil where it can take root?

The ritual of a sacrament gives us the opportunity to lift our creative power into the light of the Spirit and let it be energized by the breath of a greater purpose. We are responsible for the conditions they land in. Each one of us is responsible what becomes of them. *That* is our freedom. With the Sacrament of Confirmation the Word of God has been given to you, a mighty creative power. No one says it is easy to nurture this and let it live and grow in a positive way, but when you keep at it, like a gardener does, you will find it leads to the most fulfilling and meaningful experiences in life. Later when you look back on things you have done and who you have become in the course of this effort, you will be able to say: it might have been difficult at times, but it was GOOD. And the Good will endure.

Rev. Reingard Knausenberger.

P.S. In our Southern African Region twenty-five young people received the blessing of the Sacrament of Confirmation: eight in Johannesburg, four in Cape Town, five in Hillcrest, KZN, eight in Windhoek. They join the world-wide community of young people confirmed this year during Easter in the Spirit of the Christian Community.

**NOTICE BOARD.****▪ Annual General Meeting.**

To be held on **Saturday, 19<sup>th</sup> May from 14h00 – 16h30** here at the church. Notice of this has been distributed to all. The minutes of the previous A.G.M. is available for perusal in the church office or can be e-mailed/faxed.

Please contact **Marilize at: Tel. (021)762-0450** or e-mail: christianco@telkomsa.net.

**▪ Cottage to rent.**

During part of August/September, on the church grounds. Rental to be discussed with Jacquie Frylinck.: Tel. (021)761-1410 or Cell: 082 452 2879.

**▪ Soiree.**

The members of the Trustees will once again be laying on a Soiree – a wonderful evening of food and entertainment - **on Saturday 21 July.** Do diarise this date now and more details will follow closer to the time. Anne-Marie W.

▪ **Weld-Mesh fencing** for sale at R25 per meter, approximate height 1.5 m. Fence poles R25 each. Cash payment only. **Contact Marilize** in church office (021)762-0450. John Penfold.

**Confirmation Parents for 2012/13.**

**TO ALL PARENTS who would like to have their children confirmed in 2013: There will be an introductory evening for the parents only on Tuesday, 5<sup>th</sup> June at 20h00 at the church. It is important that both parents attend if at all possible. This process of preparation and confirmation opens up great possibilities for your children and is one of the most important gifts that you can give them in their lives.**

**Richard Goodall.**

**WORLD-WIDE COMMUNITY - Priest Ordinations in USA.**

**A LOT OF PREPARATION**, thought and organization goes into creating a festival. When the festive moment finally arrives there is a vessel ready which frees souls to lift themselves up to receive what is 'not of this world', but much needed in this world. These are times when we experience that we are not only who we are by what has been given to us passively by the world, but that we can grow beyond our limited selves when we engage actively to participate with others.

Such an uplifting, rejuvenating experience embraced the more than 300 people who were able to attend the Priest Ordinations held over three days on March 16, 17 and 18. This was only the second time ordinations were celebrated in the U.S.A. Therefore an effort was made to make them available to as many people as possible. Between 22-28 priests gathered around these as well, coming from across the U.S with representatives from England, Australia, South Africa and Germany. Darryl James Coonan from Australia was ordained in Hillsdale, upstate New York, a beautiful chapel in the middle of forest and meadow, recently built by the widespread community as its centre. We then all trooped further south to Spring Valley, a true anthroposophical centre with training centers, Waldorf School, farm and a unique 'fellowship' for senior citizens. Here a chapel has also been built not so long ago. Our Erzoberlenker, Vicke von Behr, held two more ordinations here for Paul Newton, who speaks of himself as a 'British American', and for Ann Burfeind from the U.S.A. There was quite a program around these festivals, talks and a lively presentation by the six priest seminarists with skits and the best raps you will ever hear.

They drew attention to the most recent addition to the greater Spring Valley Community: the Priest Seminary. Most impressive was the music during the ceremonies, not only the special choirs and instrumentalists who were first-class, but especially the singing of the congregants themselves. Only Cape Town comes close to that hereabouts. And not to forget all the conversations and meeting up with friends one didn't know one had. A festival like this tangibly strengthens us all!

Reingard Knausenberger.

**The Call of the Wind.**

**WHEN I BECOME RESTLESS** in the north I turn my face to the south and listen to the wind call to find out where I must go. An image comes to me of peace, warmth and sociability in a corner of Cape Town where I look forward to meeting people I know. The peace pours from a building, a Church, where also lives knowledge of the spirit. So with great enthusiasm I fly south like the swallow and land in the midst of this warm human flock who gather in the space of this Church and share their peace, joys and knowledge for a time. I know that their interests, themes and knowledge of the spirit will be the same as mine, and that they will listen and receive my knowledge, interests and open questions.

For several years this place, the Christian Community Church at Plumstead, has been the centre of my travels, visits, and returnings to find a quiet place to lay my head. At the centre of this quiet place stands the priest, Richard Goodall, and his helper, Marilize, who works to spin the web to gather in the human congregation within which Richard can work. Richard carries the gift of consciousness, of knowing each of his human congregation, what they need and

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**Announcement.  
St John's Festival  
Preparation.**

On **Tuesday, 29<sup>th</sup> May at 20h00 at the Church** we will be meeting to plan the St John's Festival which will take place at **15h30 on Saturday, 23<sup>rd</sup> June.**

This is always a very creative and fulfilling process and is open to anyone who would like to participate. Please join in and learn new skills. Richard Goodall.

**CONGRATULATIONS  
TO:**

- **Barbara Herbert** for winning the beautifully knitted blanket donated by Jessica Abramson and with borders crocheted by Pauline Scott. Thanks, Jessica and Pauline for your artistic efforts!
- The four young people who got confirmed on **Sunday, 15<sup>th</sup> April.** They are: **Savannah Faure, Jacques Roux, Omri Scannell and Jade Toweel.** We wish you all the best for your future.

The following poem written for Jacques especially for this occasion was read out by John Roux.

**Moments and Memories**

Heaven's Sky is Eternity;  
Stars shine in each timeless sign.  
Do you remember each sparkle?

Life's Tree is evergreen;  
On its leaves the words of each deed.  
Do you remember each letter?

Earth's Light is Christ's Light;  
Each detail revealed through its ray.  
Do you remember each grain?

The Soul of Man is Spirit Space  
Around heaven and Life and Earth.  
There the Spirit of Man remembers  
Each moment, each deed, each place.

Trevor Button.

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how to share his large store of knowledge at special and suitable times. After all, how many of us know that the stages of Christ's pain, humiliation and the scourging and crowning with thorns are a caricature of the Mythic Mysteries as practised by the Roman soldiers on condemned prisoners?

Now we know that only the gift of the blood of the Christ Spirit from the body of Jesus had the power to re-enliven and resurrect the waning Spirit of the Earth. We call this the Christianising of the Earth and out of this power pouring into the Earth could mankind gain the spiritual power to individually rise above evil and develop the consciousness of his own soul's being.

When I landed this time in February I immediately noticed an extra building next to the church. Something new! What was it for? It fitted in behind the trees, a warm-looking building with open doors and curtains at the windows – even a family of guinea fowl scratching among the grass. I soon found out that these were the new homes of two retired ladies, Lia Gabler and Jacquie Frylinck, who had taken the opportunity to live within the shelter of the Church. Very quickly they found me and I was invited to visit and share supper and conversation. And what history and knowledge they both shared! I could listen fascinated day after day as the life stories of these two ladies poured out into my willing ears, and in response I shared my life with them.

Inside their individual homes live all their personal and beautiful furniture, lovely china collected over many years, and all the effects which add to create one's own home. With two bedrooms and a large sitting/dining room one had the idea of a creative space in which to move, sit, eat and talk at leisure. Lia brought the white cloths and sparkling china to create an attractive supper table, Jacquie brought the refreshing juice and tasty food to tempt us to sit together and eat whilst we talked – or was it the other way round?

Many visitors to Cape Town have stayed at the Christian Community Church in Plumstead where there are two small self-contained flats at very reasonable cost. The rooms are cool and quiet, a shelter on a hot South African summer's day when the temperatures can be well into the 30's. The railway station is nearby and to visit the beaches or Cape Town one can just jump on a train going either way and within half an hour you can be at either destination. The end of the line is Simon's Town with Boulder's Beach not far away – there you can swim with penguins!

Also near to the Church are interesting shops and small supermarkets for fresh food, fruits, drinks and *melktert*. *Melktert* is a very tasty local recipe, delicate and 'moreish' upon which I can happily live for weeks on end while staying in the area. Next to the supermarket is a great craft shop where one can get all one needs if you are planning to travel out to the country to teach workshops in fabric painting and dyeing, or any other craft in which the friends at Camphill Hermanus might be interested. For that is what I do after a self-imposed holiday visiting the beaches, swimming with the penguins, trawling around the African markets looking for special hand crafted gifts out of wood or stone – ah-h, malachite!

And at the other end of the railway line is Cape Town, a famous city loved by all  
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**Many Thanks to:**

▪ **Martin & Barbara Herbert, Christoph Reppel and Rosemarie Enthoven**

whose generous contributions have made the necessary repairs to our piano possible.

▪ **Eastlynne Nelson-Tansley** for donating a hot tray. Eastlynne will be working in U.K. for some time to come. We wish her all of the best.

▪ **Peter & Mary Moxlee** for their donation of plants for our church garden.

▪ **Howard Dobson** for sourcing a new water pump and installing it in the hot March sun!

▪ **Christina Goodall and the choir** – once again - for enriching our Easter experience with their exquisite singing.

▪ **Rosemarie Enthoven, Annette Chouler and Linda Merrett** for overhauling the library and doing a computerized stock-taking of the books. This has been long overdue due to a shortage of hands.

▪ **Gabriele Feiter and Barbara Herbert** for making the Easter baskets and bunnies towards fund-raising. Marilize



▪ **Ulrich Feiter** – Once again a very big thank you for single handedly buying and bottling a whole batch of organic grape juice for our sacramental needs in the coming year. Ulrich – you are a star! Richard G.

**Church Office.**

*Please note that Marilize will be on leave from Monday, 21<sup>st</sup> May – Friday, 1<sup>st</sup> June during which time the office will be closed.*

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if you believe all the advertisements, but wherein lives a very special atmosphere among all the rainbow people, with many famous landmarks around the city depicting the changes and mile-stones of its chequered history through the ages. Above all this busy movement stands the immoveable Table Mountain up which you are encouraged to either climb or fly using a cable car, and at the top you can walk and look over the sea for miles. There is even an old fashioned phone box from which you can call the family far away, get your mother out of her bed, saying, ‘Hi Mum, I’m up Table Mountain!’

When I left I knew I would miss my two new friends in the little house next to the Church, but they may be the means to bring me back sooner than I might have planned; and, apart from that, I want to see the next house – or two cottages – which is planned for later this year – occupants already waiting to move in. What an interesting and active little community they will become – with more to grow as time goes on around the shelter of the Church.

Sandra Stoddard, visitor from Scotland.



**Creating your Life – Tree of Life Biography Weekend Workshop, 12 & 13<sup>th</sup> May.** ‘The place in the shade – where we pause on the journey to reflect, review progress, reconnect with our vision and with others, and find new strength for the way ahead.’

Enquiries: **John Roux** at Emthunzini Organizational Development  
Tel: (021)797-8244  
john@emthunzini.co.za.

*Timour Hall Cottages News*

**WE ARE RAPIDLY** approaching the launch of the 2<sup>nd</sup> phase of our cottage building program. This is being made possible by a loan from someone who is not occupying the second unit.

We will be looking for a tenant for the second unit so please send the word out. City Council has passed our plans in principle, we have the final quote to build and we are just waiting to finalize contracts and agreements. Barring any completely unforeseen hitches we will see the builders on site in early May.

The second building has had to be designed as a split level structure with each unit on its own level. This is in order to accommodate the slope of the site. The units are almost identical to the very successful units in phase 1 however there will be a bay window in each unit. The same energy saving fittings like the low energy LED lights, the solar water heating and floor insulation will be repeated.

Jacqui Frylinck will be away for part of August and September, so we are looking for someone to house-sit her unit for those two months. Please get the word out.

Lastly we would like to thank Hanna von Maltitz for all the free time she has given to keeping our new books for us, paying bills etc.

Thanks, Richard Cox.