

The Wind Call

**The Christian Community
in and around Cape Town**

February – April 2015

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A *wakening the Wellspring Uncapped.*

IN THE EPIPHANY EPISTLE which we have heard for the last four weeks the appeal is made to humanity that the light generated in our hearts through our prayer-life might meet the world light emanating from the star of grace when we learn to inwardly perceive that light and that through this meeting “life in Christ” can arise within us.

These profound words can easily pass me by, as a participant in the Act of Consecration of Man, without me realising that the possibility of a good outcome for humanity and the world is totally dependent on this process becoming a reality within my own soul. Engaging in this process and making it a personal reality is by far the most important step of development that any human soul can make in our time.

As we look ahead in preparation for the conference at the end of April when we will celebrate the past 50 years of The Christian Community’s existence in Southern Africa and look ahead to the next 50 years and to our readiness to meet what the future has in store for us, we need to be conscious of the fact that the Wellspring from which we will need to drink only becomes available to us through this Epiphany process. This is so because this process leads to a meeting with the being of Christ who is that wellspring.

As I write this, the Southwester is enveloping the Cape Peninsular in hot summer air which wraps itself around us like a cloak as soon as we step outdoors. We feel this as a tangible, moving, living warmth – as an outer sense perception. Imagine for a moment that there is another such living, moving body of warmth which is not sense perceptible and which envelopes and imbues your whole being all the time. How would you become aware of it?

As it is not sense perceptible, you would need to develop a new non-physical organ of perception – a heart organ of perception. First you would need to imagine the existence of this greatly differentiated body of spiritual warmth as an ocean of creative thought in which you are immersed and which sustains your physical body all the time and keeps it functioning. Then you need to imagine how since the time of the Mystery of Golgotha, Christ has permeated this body of warmth with his own being – has in fact filled it with his essence - with the etherised blood of his own resurrected body. This means that He is now the medium in which we “live and weave and have our being”. Try to create as strong and as living an imagination of this as you can.

Now we need to imagine something within us which connects and meets with what is around us. During the Holy Nights contemplations we went into some detail about the finer processes

within our own constitutions which mirror what happened to the blood of Christ through the Mystery of Golgotha and which are described by Rudolf Steiner in his lecture on 'The Etherisation of The Blood'.

There we discovered that in regard to this mantle of warmth which surrounds us only 'like meets like'. This means that what surrounds us can only be met by something of its own likeness within us. Only the Christ in us can meet the Christ around us. Christ in us, which since the Mystery of Golgotha is a living potential in every human soul, only becomes a personal reality when I busy myself with trying to come to an understanding of the being of Christ. When I really ponder the content of the Gospels in my heart – when I live contemplatively with the content of the sacraments – when I use the best tools available to me to understand the significance of Christ to the life of man and to the world – when I have a living imagination of the Christ in every other human being and in myself, then I awaken a whole new possibility within my soul. I make it possible for the etheric substance of Christ which weaves around me in this cloak of warmth to unite with the finer etheric processes in my own constitution. This nourishes and sustains me in my sleeping consciousness.

It is this interweaving which awakens within me new inspirations, new insights, and new moral impulses and new strength. It changes the mere potential of Christ in me into a real personal experience of an intimate relationship with the being of Christ in me. I can begin to live in a kind of continuous conversation with Him. This in turn awakens a new sensitivity for our awareness of Christ in the other and in the world around us. In this way we begin to feel what "life in Christ" arising within us might mean. From this relationship, nurtured individually and collectively, we will find all the strength and the inspiration needed to bring about a future which is in the interest of the Good.

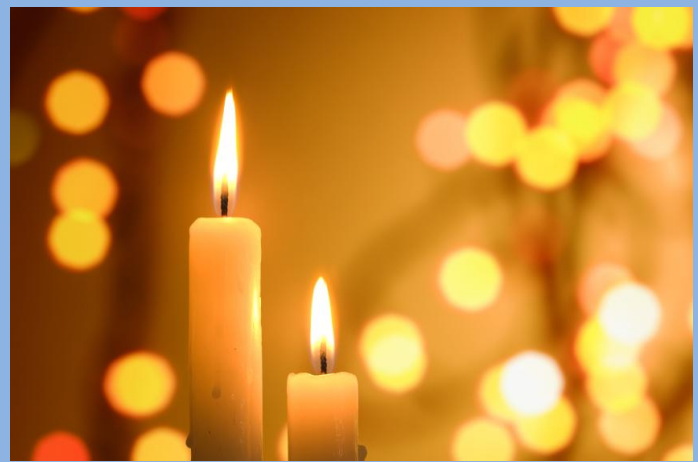
Richard Goodall.

Baptisms.

Two children received the Sacrament of Baptism on Sunday, 4th January 2015 viz Josephine and Iris Barrault. Congratulations to the family. Richard G.

Our relationship with those who have died.

LAST NOVEMBER WAS THE FOURTH YEAR that we had an organized festival to celebrate the ongoing relationship we have with those who have crossed the threshold. Thanks to Sue Vos, who was visiting from Australia, the event



became a threefold celebration, starting with a well-attended gathering on the Friday evening. Sue, whom many community members will remember, shared in a touching way her journey after losing her son, Simon in 2006. She told how their relationship continues and that even the smallest actions, like looking at a flower, or reading a poem, can become a way of being present for the disembodied soul.

At the candle-lighting festival on Saturday afternoon many departed ones were remembered, both for the essence of what they represented in their lives and for what they still had to complete in their ongoing journey. The Eurythmy Halleluiah that we dedicated to our beloved ones lifted our thoughts and feelings in a special way to them. Richard's sermon on Remembrance Sunday was a fitting completion to the celebration. He spoke of how the souls who departed in the past year enter a new festival year with us, but that they now experience the festivals in a different way from across the threshold.

My heartfelt thanks go to Carole Penfold, Sheilagh Dobson, and Belinda Fellion who helped to again create this event and to Sue Vos for her generous contribution. Gratitude also to Christina Goodall, Hannah Gonzales and Carole Penfold for the music, Adrienne Milne for speaking the St John's Prologue and Christiane Janowski for leading the Eurythmy Halleluiah.

Cobie Roelvert.

Children's Camp 2014 – Below left: The camp site at Wildgarten Farm outside Hermanus where our annual Children's Camps are held. **Right:** After-supper joviality amongst some of the girls.



Children's Camp 2014 – Comments and feedback received from parents and children.

Dear Richard and all who make The Christian Community Camp possible,

This year both my children went on the camp. Jamie (11), is a confident outgoing personality and Amber (9) a reserved, quiet homebody. Each day after drop-off I expected to receive a call asking me to come and collect Amber because she was not coping and/or too homesick. Both children stayed for the duration of the camp. Both children moved in different groups and made new friends.

In their stories of their own experiences, I heard that the external rhythm held by the camp activities and helpers created a sense of safety and security. There was also freedom to explore and choose different activities and ways of being. They developed a sense of community and pride in the tasks each group had to undertake. I have a sense that both children have grown within themselves a little more. How rich and truly satisfying!

I have asked my own children and all the Michael Oak children on the camp if they would go again. Each child immediately said 'YES!' Barry and I would like to extend our heartfelt thanks to everyone involved.

Warm regards, Vicky Hindmarch.

Dear Richard,

Thank you for the holding the space for all this to happen. I think it's the best camp around and the highlight of the year! Karuna liked the food and especially admired the fact that cooking in such large quantities can taste so-o good!! She wondered about the late bed times, was a bit concerned about only having 7 hours sleep not 8... and she is looking forward being a helper next year!

In kindness, Beatrice Pook.

Dear Richard,

The children were well held and enjoyed every moment of the camp. Thank you, Julie Zander.

Dear Richard,

As always my children had a whale of a time. Claus was a helper for the first time, Kerstin a spring helper and for Oliver it was his first camp. Over the years we have often wondered exactly what the success of the camp can be ascribed to. When asked, Claus and Kerstin agreed that for them it is to be found in the mix of all ages. The older ones enjoy looking after the younger ones. The simplicity of their reply amazed me and gladdened my heart.

Leza Sieckmann.

Hi Richard,

Thanks very much, from Luke and myself, for yet again a most wonderful camp!! He came back absolutely radiant, inspired and full of friendships - just what we want for our children!! See you next year!!

From Luke Vye and his grandmother, Emma Kriel.

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Thank you, Richard. My Fynn came home so happy and relaxed! She has grown immensely and having her birthday there was a treat for her. Thank you, thank you, thank you. You can expect her, and her sister Daisy, next year.
Charley Pollard.

This is Matilda's mum.

Matilda had a lovely time, when we picked her up she was happy, cheerful but not crazed out like we possibly expected. She seemed calm and herself. I was very pleased how the day was broken down into blocks of meals, activities and rest time - all in all a super experience. We will be back next year! Also, the kids seem to have gotten enough sleep and were not sunburned - very important!

Kind regards and big thanks, Petra Cooper.

Thanks so much, Richard, for letting Sophia go in the 11th hour. She was a bit hesitant (I think because there was no Ella safety-net) but she **so** enjoyed it!
Janet Petousis.

From some of the campers themselves:

The camp was a wonderful experience for me. The first day I felt shy and I was quiet but on the second day it all changed. I talked to everybody and I was joyful and happy. The food was nice, the activities kept us busy for hours and the treasure hunt was really fun, What's not to like about the camp?

Isabella Paterson-Jones.

This camp was an amazing experience! It was far the best camp I have ever been to. The food was delicious and the activities were extremely fun, especially the carving. The last night's program showed many talents and I'm sure everyone enjoyed it as much as I did. I am definitely coming back next year and I'm sure it will be as amazing next year as it was this year.
Leah Paterson-Jones.

The camp was exciting, interesting, active, joyful and I really enjoyed it. Our food was exceptionally delicious. The treasure hunt was just fabulous. I would really love to go again next year. Thank you for it.

Willow McIntosh.



Our V.I.P, the camp cook behind the cooking pots. Anette Bestwick has fed lots of children on many of our camps and we think she's got it down to a fine art by now!
Marilize.

A very big thank you goes to the Stars of the Camp – our indispensable kitchen team of Anette and Rene who are absolute masters of the art of spoon and pot for masses of hungry mouths. The food was plentiful, varied and absolutely delicious. Well done!
Richard G.

From our Camp Leader.

IT WAS A particularly successful camp last year due to our hugely enthusiastic team of helpers many of whom have been coming to the camp since they were 9 or 10 years old and who are well versed in the whole culture of the camp as a gift that we want to give to the children.

A very big thank you to all of these wonderful young people. There were also quite a number of first timers this year, some of whom were very young, but they soon got into it and were quite at ease.

It is wonderful to see how the children begin to let go and just blossom as children once they are freed from all technological gadgets and pressures and are steeped in rhythmical activities, good food and lots of sleep. They get to learn a lot of social skills, basic leadership skills, how not to take themselves overly seriously and just how to get on with a mixed bag of strangers while having a great deal of fun at the same time.

Richard Goodall.

Finances: Announcements and Thanks.

Dear Friends,

Let me start by thanking all of you very much for all your efforts in making our Family Fair another successful event. Considering that attendance was somewhat less than the years before, we still made a net figure of around R36 300.00 which is very commendable. This sum shall be stretched as far as possible when attending to much needed repairs to our premises and you shall see the results in due course. Of course, as you all know, the next fair has been scheduled for **5th September 2015** and the sooner we all think and plan for it, the better it will be. So, please put on your thinking caps and let us get organized soon. Shall we all try and maybe make one crafting item per month?

Many thanks also to all those that heeded my call and have managed to increase their contributions or have started to contribute on a regular basis. All your efforts are much appreciated. Those of you that promised but have not got around to acting upon it, please do so. A budget for 2015/16 will soon have to be established and it would be of great help to know how much regular income we shall be able to count on.

In order to bolster our income in other ways, I am pleased to inform you that Johanna Oltmanns has offered to manage the letting of our flats. She is busy putting everything in place and hopefully our advertisement will soon go out to all affiliated organizations worldwide and we shall have a steady stream of visitors. Our most heartfelt thank you to Johanna for taking on this challenge.

It also gives me great pleasure to tell you that Clare Bell has volunteered to take on responsibility for our garden and I am sure I speak for all of us that we are exceedingly grateful to her.

I would also like to thank Gerhard Scheepers for jumping into action when needed. You might have noticed that during the Christmas services the church's chairs were silent thanks to Gerhard who 'de-squeaked' them during Advent.

It seems that I can never write a letter to all you dear people without asking for something, and so I shall conclude with this thought. As you will have seen over the past year, several spaces have been improved upon and it is the hope that they remain in a proper, tidy and welcoming state. Not much is needed except that for each room/space one person takes the responsibility to see to it that all is in order, rectifies what is needed or passes on information to me should a major repair be required. If we share these tasks it is all the easier for the rest of us who feel at times rather overwhelmed.

Warm greetings to you all, Rosemarie Enthoven.



*Neville Adams holding 5 day old
Joshua Klee.*

Congratulations!

Joshua Johannes Klee was born on 7th December 2014 in Verden, Germany, to Nikolaus and Theresa Klee (nee Chouler). He arrived three weeks after due date, hhealthy as ever and he is our great joy and challenge!

Theresa Klee.

Neville Adams has walked a long road with the Chouler family since the mid-1970s when he was a priest in Johannesburg. Subsequently both families relocated to Cape Town where he baptized Francis Chouler in 1986. Julia and Alexander Chouler also attended Neville's Confirmation Classes .

Marilize.



*Theresa and their first-born
Joshua.*

WE HAVE LOTS OF interesting, creative and talented people in our midst, even if the individuals concerned do not necessarily think so themselves! However, when invited to tell us more about their passions and future plans they are always most cooperative. Following on the introduction of organic farming methods and free-range animals as practiced by Alex & Tabby Chouler in Stanford and the Roux Family on their farm at Ceres, we have invited Rob Small to tell us a bit more about Abalimi Bezekhaya. For those who don't know, Rob is co-founder of this non-profit organization, working ceaselessly to uplift the quality of life for thousands of people in the Greater Cape Town area by teaching them how to grow organic vegetables. Thanks, Rob, for your valued input.

Marilize.

Question 1: Did you always feel an affinity with the earth and plants – did you grow up near to the soil?

Reply: I grew up in Zambia on a bush plot near the Congo border where afternoon thunder and lightning storms shake the ground and raindrops are as big as golf balls, army ants eat horses at night and snakes and deadly scorpions have to be fished out of the pool before swimming ! White refugees from the Night of the Long Knives in the Congo stayed at our home on their way to South Africa. My Mother believed in fairies and loved lighting bush fires which burned higher than our house - every year we all had to go and fight bush fires with wet sacks. I learned to love nature and trust that I could somehow live in it/with it, no matter what. From the moment I could think I was appalled at the adult world, which everywhere still wantonly destroys Nature and Each Other on a whim (World War 2 lived visibly all around me in crippled adults who fought in it) and treated black people as inferior. This always offended me very deeply.

Question 2: The founding of Abalimi was pioneering stuff. Could you foresee that it would develop and change people's lives the way it has done, still is and hopefully will into the future?

Reply: I had been trying to drop out of adult life since the age of 15, but finally met Biodynamic Agriculture at Emerson College in the 1970s at the age of 26. I returned with a vision of B.D. produce available freely for the poor in Africa, rather than just the rich whites in Europe. It's taken over 30 years to realize this vision. It is now happening. This is an inter-generational process and will continue for at least another 30 years before it is completely rooted and self-propagating.

Question 3: Were your ideas gladly received by the local would-be farmers? Could they envisage an end to food shortage if they could grow their own veggies?

Reply: Black People first had to understand the difference between organic and chemical farming! This took the first 30 years. Now there is an organic farming movement among black people, mostly led into being by women, mothers and grandmothers, in pockets all around South Africa and throughout Africa. I have been privileged to have a pivotal role in developing this movement in South Africa. We are now introducing Bio-Dynamics .



Rob Small in Abalimi's Nyanga Office with Ma Bokolo.

Question 4: Were you, as a founder, part of a group of people with a similar vision?

Reply: I am one of 10-15 co-founders of Abalimi and Harvest of Hope since 1982. I am the founding trustee of the Farm and Garden National Trust.

Question 5: What does it take to sustain the initiative apart from the continual fundraising drive?

Reply: The core driver and essence of any initiative, business, cultural activity or government is **people** and their freely given spiritual capacities. My success so far is only due to such **people** who have freely given their spiritual capacities to this vision. The money is entirely secondary and flows only from this. **People** are therefore the **Prime Drivers**. I have been fortunate to attract such people to my cause.

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Question 6. To what extent has your impulse, and other similar ones, helped to open up the Greater Cape Town area for more interaction with the residents there?

Reply: Hundreds of farmer groups from around South Africa have visited Abalimi-Harvest of Hope and are planning to, or are already launching, or have launched, similar initiatives countrywide. This Idea does not belong to any one person. It spreads like a Good Virus and can only be successful if taken very personally.

Question 7. Do you have other ideas in terms of further development in the near future?

Read the latest newsletter on www.abalimi.org.za and also see how it works on www.harvestofhope.co.za. Read the future vision on www.farmgardentrust.org or even better, come and see the Little Miracle in action on one of my Tuesday tours 9 a.m.-12 p.m. Send me an e-mail on rob@farmgardentrust.org and I will send you the invite. The future now has to be lived, not so much anymore spoken about.

Rob Small.

Timour Hall Cottages Update.

OUR LOVELY TIMOUR HALL COTTAGES (THC) COMPLEX has changed dramatically recently.

First Lia Gabler returned to her roots in Germany, to German family and the German language. It seems that the masses of Guinea-fowls, geese, pigeons etc that she fed twice a day must have accompanied her as they seem to have vanished. Hopefully they will adapt to the German language and stay there! Pioneer Lia has done an enormous amount to the church garden as well as for her own garden here and it is much appreciated.

Her departure was shortly afterwards followed by that of our beloved Pauline Scott who, together with her DVDs, endeared herself to us. For two years she was a wonderful neighbour and a real asset to the church. She also had a wonderful sense of humour and repartee. Hopefully her health will bear up well in the cold of Oxford, U.K.

We now have an influx of 'comparatively young' additions who already seem to be nicely settled: Barbara Herbert in Lia's ex-home and Helen Baker in Pauline's. Grandchildren now also liven up the place at times and I look forward to Helen's gardening input.

There seems to be a Higher plan 'up there' as to who also will gravitate and when. It's a supersensible jig-saw puzzle – very interesting for us THC 'earthies'. Unfortunately there are no hints for us to hold onto. As the song goes: "Que sera sera, Whatever will be will be, The future's not ours to see, Que sera sera."

Estelle Bryer.

From our new residents.

▪ *After much trepidation of "Should I go? Shouldn't I go?" I finally took the plunge and now, to my delight, I find myself living in a lovely, harmonious 'home' in a very warm little community that welcomed me with open arms. My family is delighted, and so am I.*

Helen Baker.

▪ *After many moves at last I've found a real home in my 'new' cottage. I have a view of the mountain and a lovely garden which has been created and worked through by Lia. To anyone who is thinking of joining us here at THC, I can highly recommend it.*

Barbara Herbert.

Changing of the guard.

We wish Lia and Pauline, two of our pioneer residents of Timour Hall Cottages, everything of the very best in their new life situations in the Munich and Oxford areas respectively. Lia left for Germany towards the end of November last year and Pauline left for the UK on December 31st. It was wonderful having you here with us and we miss you both.

We are delighted to welcome onto the property both Barbara Herbert who has moved into Lia's unit and Helen Baker who has moved into Pauline's. May you enjoy many happy years in our wonderful cottages and community.

Richard Goodall.

Wellspring Uncapped 2015 Conference – Light from the Future: 50 Years celebration.

Dear One and All,

In three months the conference will be taking place. This means that in the next few weeks we will be pulling it all together, determining the costs and calling on people to help pull it off successfully. The conference itself and the preparation leading up to it is based on the idea of maximum participation by as many people as possible - as the new way of working into the future.

Please do not shy away from getting involved if you are asked to do so – and if you are not asked – Think about volunteering. Many people committing to the process of doing their small task **fully** and willingly is the recipe for maximum enjoyment and success.

Many thanks in advance.

Richard Goodall.

Thank you to:

- **Pauline Scott** for donating an assortment of towels and linen for use in the church flats, as well as a much-needed vacuum cleaner.
- To all **members and friends** who contributed so generously to our Christmas gift and the beautiful hand-made card. It was much appreciated!
With warmest wishes, Richard and Marilize.
- To **Rob Small** for donating and erecting our Christmas Tree in the foyer.
- To **Anette Bestwick** for providing piano music for our Carol Festival on 21st December.
- **Mascha du Plessis** for sewing a new Christmas cloak for the priest so skillfully and beautifully.

- **Richard Goodall's series of talks during the Holy Nights – Comments and thanks.**
- The talks took us to a different level of understanding of the depth our participation in The Act of Consecration of Man means and how we can deepen it through a prayerful, meditative activity. Many thanks to Richard.
Sheilagh Dobson.
- Once again, Richard, in the Holy Nights Contemplations you have opened our eyes, ears, hearts and minds to the wealth of insights to be experienced as we sharpen all of our 12 senses in preparation for, and during the Act of Consecration of Man. Thank you so very much for this invaluable soul and spirit nourishment!!
Annette Chouler.

Attention: All cat lovers - Lia's cat.

Lia Gabler left her sweetest, darlingest, loving cat behind when she left for Germany hoping that someone would adopt it.

Unfortunately none of us here at THC feel it possible to take on full responsibility for it due to several reasons.

She is the purrfect family pet with a nature second-to-none.

Please, please help!

Estelle Bryer, Tel: (021)762-9646.

Talks.

Hanna von Maltitz has translated some lectures given by Rudolf Steiner in 1908 and would like to share these with you. The first two talks will be at **4 p.m. on Sunday afternoons, the 15th and 22nd February at Sophia House, Firfield Road.** The content ranges from a study of several personalities, the Commandments and self knowledge.

Contact Hanna on 0721 388 707 or 021 674-2479.

Wishes for recovery.

Just before Christmas 2014 Laurine le Roux had a fall and broke both her legs. After surgery for a left hip replacement and a steel pin into her right knee she is now recuperating at home in Plettenberg Bay. We wish her a successful recovery and hope she will soon be able to be her old, active self again.
Marilize.

Eurythmy Adult Classes

2015 theme: The Cycle of the Year

Block 1: 26 January – 2 March.

An Introduction.

The four seasons reveal themselves outwardly in a direct way to us. How are the inner processes of the spiritual life of the year revealed?

Mondays 5.30 – 6.30 pm.

Sophia House, 18 Firfield Road, Plumstead.

R420 (payable in two installments of R210).

Cobie Roelvert Tel (021) 671 4757/074 030 5251.

Carol Singing.

IT WAS A PERFECT EVENING – tranquil, enough people, and all who were there really appreciated the fact that Richard and Christine had given of their time and their home for us all to enjoy being together.

And we all sang all the Carols - some new ones too, to some of us. The evening was brought to a close with a bring-and-share supper afterwards. A really meaningful Christmas Spirit was felt by all of us.

Thank you very much to you both, Christine and Richard.
Carole Penfold.



Confirmation 2015.

This year there are 10 possible candidates for confirmation. The confirmation will be celebrated by Reingard Knausenberger on the **12th of April at 09:00.** On that Sunday there will not be a Children's Service.

Your strength in holding this service in the presence of many guests for whom it is unfamiliar will be greatly appreciated.

Richard G.